



Vol. VIII, Issue 6: June 2021



A NOTE FROM JENNY

Unlike a single-incident trauma, life in the NICU is a continuous series of traumas: a terrifying birthing experience, your baby's fragile health, the stream of bad news about your baby's health and future prognosis, and especially hard for parents - a sense of helplessness as a medical team of experts try to keep your child alive.

This month is PTSD Awareness Month. If you are a preemie mom experiencing PTSD, don't be afraid to reach out and get the help you need. Peer support is also a useful tool. Join the Preemie Inspire Network led by PreemieWorld Founder, Deb Discenza. <https://www.inspire.com/groups/preemie/>

Dads of preemies may feel just as terrified and confused as their partners, but oftentimes they're not encouraged to share these emotions. If you're a preemie dad, learn more about Graham's Foundation Preemie Parent Mentor Program for Dads: <https://grahamsfoundation.org/preemie-parent-mentors/preemie-parent-mentor-profiles/preemie-dads/> We are all in this together. - Jenny

continued at premieworld.com/note-from-jenny-2021-june

STRATEGIC PARTNERS

PROLACTA BIOSCIENCE



prolacta.com

SAGE THERAPEUTICS



sagerx.com

NICU HEALING



nicuhealing.com

ONCE UPON A PREEMIE



onceuponapremie.com

WANT TO PARTNER WITH PREEMIEWORLD?

Visit premieworld.com/our-partners to inquire.

INDUSTRY NEWS

CURRENT PREEMIE-RELATED RESEARCH AND NEWS

- How to bond with your baby if you were separated during the pandemic - <http://preemie.us/BondingDuringCovidRestrictions>
- Preemie boys age faster as men, study shows - <http://preemie.us/PreemieBoysStudy>
- Rwanda: Ruhengeri Hospital Disinfects Neonatal Ward After Baby Deaths- <http://preemie.us/RwandaHospitalandPreemies>
- Class of 2021: Impact of medical care comes full circle as preemie becomes future ob-gyn- <http://preemie.us/AdultPreemieStory>



continued at premieworld.com/industrynews-2021-june



DEB DISCENZA

AUTHOR/FOUNDER/CEO & VP of PREEMIEWORLD; CRYSTAL BALL HEALTH; and ALLIANCE FOR BLACK NICU FAMILIES



Meet our very own, Deb Discenza of PreemieWorld!

"Watching my tiny baby hooked up to all sorts of medical equipment left me wanting to hide in my postpartum room and later on, at home and back at work. I felt I had failed her and during her stay, I felt impotent to do anything for her - that my being there did not matter because it was the medical team who were crucial in her survival. I learned a lot during that time about my daughter, her resilience and her strength," shares Deb.

"The preemie community is filled with the most selfless parents and pros. It gives me hope for the future of our children."
- Deb Discenza



continued at premieworld.com/pro-2021-june



LITTLE LAMBS OF HOPE

COLORADO & NORTHERN CALIFORNIA, UNITED STATES



Founder of Little Lambs of Hope, Candy Payne shares, "My granddaughter was born at 25 weeks, weighing 1 pound, 4 ounces. She was in the NICU for 5 months. She is now a healthy 3 1/2 year old girl. Our experience with preterm birth led to the creation of Little Lambs of Hope."

Little Lambs of Hope provides care bags (reusable sports bags) including a book for baby and a book for parents, NICU stories of hope, and much more. Click on the link below to learn more about Little Lambs of Hope.



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PREEMIE SWAG



It's not just the cool design or perfect fit- our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



QUESTION OF THE MONTH

What songs did you sing to your preemie in the NICU?

- @happy.baby.avery: You are My Sunshine, Twinkle, Twinkle, Little Star and Baby Mine.
- @kevinjee808: Take Me Out to the Ballgame
- @hisivvy: Heaven by Jamie Foxx...matter of fact, I played it for her every day while she was in my womb.



PREMIERWORLD TAGS

EMMETT HOFFMAN

“Meet our June PremierWorld Tag: The adorable, Emmett Hoffman.

Emmett was born at 26w2d gestation and spent 98 days in the NICU.

Today, Emmett is 5 years old and meeting all his milestones and it turns out he's a math whiz!



Tag us on Instagram before the 15th of the month for a chance to be highlighted!



continued at premiworld.com/PWtags-2021-June



WHAT'S NEW?

GLO PREEMIES FAMILY TRAINING CONFERENCE



GLO Premies Virtual Family Training Conference - A Black-led NICU organization is hosting the first GLO Premies Family Day! Join us on June 21st, as we talk about everything from baby care, mental health, home ownership, and introducing your family dog to baby. We will also talk about college and starting your own business.

This conference is available to all African-American Families nationwide (high-risk pregnant to NICU grads up to the age of 18 years old).



continued at premiworld.com/WhatsNew-2021-June



PREEMIE GENIUS

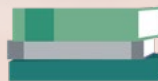


THE ZAKY KANGAROO AND JOEY

Another Zaky favorite! Meet the plushie kangaroo and her joey - a lovable representation of Kangaroo Care and Skin-to-Skin Contact for newborns in the NICU. Giveaway coming soon!!

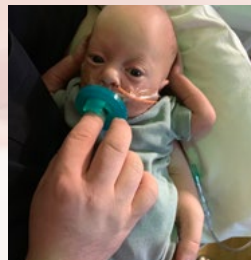


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PREEMIE STORY OF THE MONTH

BRYCE MASARU ROBERTS



“Proving everyone wrong despite all odds, showing this is his life, his journey.”

-Jeffery Roberts

“Bryce Masaru Roberts was born at the gestational age of 27 weeks and 4 days, but he was also 3 weeks IUGR which is short for 3 weeks behind. So in reality, Bryce was more like 24 weeks. He was 1 lb, 4 oz and 10 1/4 inches long.

“From the day he was born, Bryce has been fighting for his life. Proving the desire to live is something you are born with and deservingly he was nicknamed “Tiny but Mighty,” shares Bryce's dad.”



continued at premiworld.com/premiestory-2021-June



PREEMIE FREEBIES

PTSD AND PREEMIE PARENTS

Our June freebie is a PTSD Statistics Card for PTSD Awareness Month- brought to you by PremierWorld - Support at every stage. *Ahora disponible en Español!*



get it at premiworld.com/premie-freebies

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- t @ PremieWorld
- in @ PremieWorld
- ig @ www.instagram.com/premiworld

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