



preemiePRO

Vol. VIII, Issue 1: January 2021



A NOTE FROM DEB

Whew - we made it to 2021! Let's remember our preemie warrior roots and seek to push through the ongoing pandemic with our unwavering resilience. If you have lived through RSV season with a preemie, you already know the tips, the tricks to keep you and your loved ones safe and healthy. Don't let anyone tell you that you are overreacting. Stand your ground. And check out our freebie around "no touching, too."

Let's use 2021 to huddle together as a community and support one another through this. Meet me on our Inspire Preemie Community (~55k strong with dozens of new members each week). We are having conversations around long stays in the NICU, the ups and downs of breathing issues, developmental concerns and more. Plus, I am cooking up something special for our Inspire members. Join now, it's free, secure and private! - Love, Deb

[continued at premieworld.com/note-from-deb-2021-Jan](http://premieworld.com/note-from-deb-2021-Jan)

STRATEGIC PARTNERS

PROLACTA BIOSCIENCE



prolacta.com

SAGE THERAPEUTICS



sagerx.com
NICU HEALING

ONCE UPON A PREMIE



onceuponapremie.com



nicuhealing.com

WANT TO PARTNER WITH PREMIEWORLD?

Visit premieworld.com/our-partners to inquire.

INDUSTRY NEWS

- Singing to preterm infants during kangaroo care reduces maternal anxiety and supports mother-infant relationship - <http://preemie.us/Sing2Preemies>
- Houston, Harris County receive 'F' for premature births, infant mortality- <http://preemie.us/HarrisCountyReport>
- Premature baby who fought off Covid now 'thriving' - <http://preemie.us/PremieFightsCovid>
- Researchers developing drugs to help prevent preterm birth - <https://preemie.us/DrugDevelopment>



[continued at premieworld.com/industrynews-2021-Jan](http://premieworld.com/industrynews-2021-Jan)



MITCHELL GOLDSTEIN, MD

EDITOR-IN-CHIEF, NEONATOLOGY TODAY



Meet Dr. Mitchell Goldstein, Editor-in-Chief of Neonatology Today.

"I envision an open and honest publishing platform that everyone with an interest in neonatal medicine can participate in and access freely. As Editor-in-Chief, my job is to find ways of empowering people to believe that they can be part of the academic community in a way that is non-threatening and, at the same time, advances our knowledge base," shares Dr. Goldstein.

“Babies are not just small adults, but a lot of adults are big babies.”
- Mitchell Goldstein



[continued at premieworld.com/pro-2021-Jan](http://premieworld.com/pro-2021-Jan)



NATIONAL DIAPER BANK NETWORK

OUTREACH: UNITED STATES



Prior to founding the National Diaper Bank Network (NDBN), CEO Joanne Samuel Goldblum worked as a licensed social worker and saw firsthand that far too many parents living in poverty struggled to afford clean diapers, a basic need for all children.

In 2011, she founded the National Diaper Bank Network with the support of founding sponsor Huggies. Today the national organization has more than 240 member programs in 50 US states, the District of Columbia and Puerto Rico.



[continued at premieworld.com/org-2021-Jan](http://premieworld.com/org-2021-Jan)

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PREEMIE SWAG



It's not just the cool design or perfect fit—our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



QUESTION OF THE MONTH

Share your experience with IVH and your premie.

@dudenednamed_earl: I was born at 26 gestational weeks and was diagnosed with a level 5 bleed IVH at the time.

@rockerchic4life: On his second day of life, my 26 week premie developed an IVH which quickly turned into a bilateral grade 3/4 brain bleed. He is now 8-years old and though there are delays, he is absolutely amazing! He is running and jumping and causing mischief wherever he goes.



PREMIERWORLD TAGS

BEATRICE YIP

“ Meet Beatrice “Bea” Yip! Bea was born at 27 weeks gestation on 12/26/19. She spent 119 days in the NICU with PDA catheterization at just 1 month and blood transfusions. Bea went from intubation to extubation to cpap to high flow and finally came home on oxygen.



Tag us on Instagram before the 15th of the month for a chance to be highlighted!

Bea will soon be turning 1 and will have her 2nd sleep study so please pray that Bea can be weaned off oxygen completely before she turns ONE!



continued at premiworld.com/PWtags-2021-Jan



WHAT'S NEW?

PREMIERWORLD NEWS



- C-Path's International Neonatal Consortium (INC) “In a Word” with a special highlight from PremieWorld's CEO, **Deb Discenza** - Check it out! - <http://premie.us/INCDeb>
- The Alliance for Black NICU Families still needs your survey support. - <https://premie.us/BlackNICUFamilies>
- Congratulations to **Once Upon a Premie Academy** for its successful launch in November with more courses coming in April 2021.



continued at premiworld.com/WhatsNew-2021-Jan



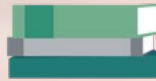
PREEMIE GENIUS



STRONGER THAN YOU THINK

A premie book inspired by Dr. Christie Person's very own neonatal intensive care experience with her daughter.

You'll definitely want to add this book to your premie library!
premiworld.com/premiegenius-2021-Jan



PREEMIE STORY OF THE MONTH

REMY LARIOS



“I prayed for you. God sent me a special blessing.”

- Remy's Mommy

“Premie mom, Sarahi recalls, “On April 27th, I was 22 weeks pregnant when my water broke. I understood that there was a chance for my baby to survive but his chances of being a healthy baby were slim. There was a 10% chance of survival but with many complications. We didn't know when my labor would begin...it could have been in the next 24-48 hours, in a week, or even a month. I was hospitalized for 2 months on bed rest.”

” On June 21st at 30 weeks and 5 days, Remy was born weighing 3lb. ”



continued at premiworld.com/premiestory-2021-Jan



PREEMIE FREEBIES

“NO TOUCHING” SIGN

Premie babies are the cutest around! It's no wonder people often want to touch and hold them. However, as premie parents, we know that big germs can harm our little ones. Download our freebie, “NO TOUCHING!” *Ahora disponible en Español.*



get it at premiworld.com/premie-freebies

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