



# preemiePRO

Vol. VIII, Issue 12: December 2021



## A NOTE FROM JENNY

As much as we would like to say that prematurity ends the day our preemies graduate from the NICU, the truth is, preterm birth can cause problems for preemies throughout their lives.

December 3rd is **International Day of Persons with Disabilities**. This is a day to help everyone become more compassionate and understanding of the challenges faced by people and parents of preemies with disabilities.

As we end 2021, there are some exciting things percolating for the new year. Deb Discenza, Founder of Preemie Crystal Ball, is working hard for unprecedented change for the Preemie Community.

Crystal Ball Health is working to create a preemie registry that will power the research to provide better outcomes data globally not only for researchers and industry across the board but also at NICU bedside, at home and into the adult years. Learn more here: <https://crystalballhealth.com/>

continued at [premieworld.com/note-from-jenny-2021-Dec](https://premieworld.com/note-from-jenny-2021-Dec)

## STRATEGIC PARTNERS



**WANT TO PARTNER WITH PREMIEWORLD?**

Visit [premieworld.com/our-partners](https://premieworld.com/our-partners) to inquire.

# INDUSTRY NEWS

## CURRENT PREEMIE-RELATED RESEARCH AND NEWS

- Exposure To Sunlight In Pregnancy Can Prevent Premature Delivery - <https://preemie.us/SunlightExposurePrematurity>
- Premature babies: Parents need better mental health support - <https://www.bbc.com/news/uk-wales-59320280>
- Mother whose baby died after she got Covid when pregnant says she would have had vaccine if given clear advice - <https://preemie.us/Covid19andPrematureBirth>
- Remote method to monitor apnea gives premature babies an easier time - <https://preemie.us/ApneaMonitor>



continued at [premieworld.com/industrynews-2021-Dec](https://premieworld.com/industrynews-2021-Dec)



## LEANNE ROSE DORISH, MA, RCC

REGISTERED CLINICAL COUNSELLOR



*"After my son arrived 9 weeks early in 2014, I decided to transfer my years of experience as a clinical counsellor over to helping the world of families who have been through tough stuff with their kiddos, as well as supporting the staff of organizations who serve those families. This started My NICU Family and is now adding the NICU Mental Health Society,"* shares, Clinical Counsellor, Leanne Dorish.

**“Tap into your personal power and allow for the grace of your journey to shine through.”**

- Leanne Rose Dorish

*"I transform the fears and built-up anxieties from traumas that occur during pregnancy, delivery or in a NICU, into strengths and strategies that help us learn to listen to that parent intuition."*



continued at [premieworld.com/pro-2021-Dec](https://premieworld.com/pro-2021-Dec)



## PREEMIE CRYSTAL BALL

INTERNATIONAL



*"Millions of prematurely-born men and women face complications in their later years that still aren't well understood,"* shares Preemie Crystal Ball Founder, Deb Discenza.

Preemie Crystal Ball is a research portal being developed for the preemie community through the lifespan of pregnancy to birth to childhood, adolescence, adulthood and the geriatric years. Our mission is to provide better data, better research, and better outcomes for premature babies worldwide – no matter what age they are.



continued at [premieworld.com/org-2021-Dec](https://premieworld.com/org-2021-Dec)

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## PREEMIE SWAG



It's not just the cool design or perfect fit—our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



## QUESTION OF THE MONTH

*Teenage Premie? How is he/she doing now?*

- @running\_gatorgirl: 14 now and in the 80th percentile for height, 50th for weight and has a 5.0 GPA.
- @premiocrystalball: 2E, and an adorable goofball.
- @katherinenorland: Better than they forecasted, different and more delightful than imagined.



## PREMIERWORLD TAGS

**SOLIKHA MAYA**

“Solikha was born at 27 weeks and spent 98 days in the NICU.”



Tag us on Instagram before the 15th of the month for a chance to be highlighted!

Solikha just turned 7 on November 12th and is now in 1st grade and she is playing soccer for the first time. Miss Solikha is so full of life, love, curiosity, a vivid imagination and tons of energy!

”



continued at [premieworld.com/PWtags-2021-Dec](https://premieworld.com/PWtags-2021-Dec)



## WHAT'S NEW?

### SERA PROGNOSTICS COLLABORATION TO HELP UNDERSERVED COMMUNITIES



The Pregnancy Company® (NASDAQ: SERA), focused on improving maternal and neonatal health by providing innovative pregnancy biomarker information to doctors and patients, today announced a partnership with **PremieWorld**, **GLO Premies**, and the **Alliance for Black NICU Families**, leading organizations all geared to empowering and supporting families impacted by preterm birth. Learn more:

<https://premie.us/SeraPrognosticsAnnouncement>



continued at [premieworld.com/WhatsNew-2021-Dec](https://premieworld.com/WhatsNew-2021-Dec)



## PREEMIE GENIUS



### WE ARE ALWAYS WITH YOU

Telling your preemie his/her birth story isn't always easy. Enter, *"We Are Always With You,"* a children's book by author, **Dr. Deborah Simmons** - a simplistic and loving way of explaining preterm birth.



[premieworld.com/premiegenius-2021-Dec](https://premieworld.com/premiegenius-2021-Dec)



## PREEMIE STORY OF THE MONTH

**SKYE**



Skye teaches us every day, and we're so blessed to be here together.

- Leanne Dorish

“As I was getting ready for bed I noticed I was bleeding. My husband rushed me to the nearest hospital where things started happening really fast. I was fully dilated and pushing and hearing things like, “She’s losing too much blood.” “I can’t find the baby’s heartbeat.” “They’re not dying on my watch.” They rushed me to the OR. I heard two little whimpers and they took my baby away,” shares preemie mom, **Leanne Dorish**.

“It all felt like a big dream. As I lay there in my hospital bed, staring out the hallway window I felt numb. How could this be? I just had a baby. Where was the excitement? The joy? The baby?”



continued at [premieworld.com/premiestory-2021-Dec](https://premieworld.com/premiestory-2021-Dec)



## PREEMIE FREEBIES

### RACE & ETHNICITY DISPARITY STATISTICS CARD

Our December freebie comes from **Premie Crystal Ball - Premie Disability Statistics**. Premie Crystal Ball is powering the research to provide better patient outcomes. *Ahora disponible en Español!*



get it at [premieworld.com/premie-freebies](https://premieworld.com/premie-freebies)

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