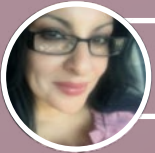




preemieFAMILY

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A NOTE FROM JENNY

At 26 weeks gestation, at a routine checkup, my doctor could not locate my son's heartbeat. I was immediately placed in an ambulance and rushed to the nearest hospital and prepped for surgery. I remember pleading with the OR nurse, "he's not ready yet. It isn't time," though I knew this was Joshua's only chance of survival. Thus began our preemie story that continues today, eight years later.

We all have our own special stories. We all understand heartbreak and pride. We are preemie parents.

Throughout Prematurity Awareness Month and on November 17th, World Prematurity Day, PreemieWorld is shining a spotlight on this maternal and infant health crisis. Help us by sharing your story on social media. Tag PreemieWorld on all your preemie stories and pictures and we will be sharing them throughout the month of November!

 [continued at premieworld.com/note-from-jenny-2020-Nov](http://premieworld.com/note-from-jenny-2020-Nov)

STRATEGIC PARTNERS

PROLACTA BIOSCIENCE



prolacta.com

SAGE THERAPEUTICS



sagerx.com

ONCE UPON A PREMIE



onceuponapremie.com

NICU HEALING



nicuhealing.com

WANT TO PARTNER WITH PREMIEWORLD?

Visit premieworld.com/our-partners to inquire.

AFTER THE NICU

As many families have discovered, the effects of preterm birth are oftentimes, lifelong. The majority of research today relates to the NICU time period with minimal to no research on patient outcomes after the NICU through adulthood. Here are some questions preemie parents should be asking moving forward:

- **What questions should I be asking our pediatrician?** Build up a relationship with your pediatrician. Don't be afraid to ask questions related to health concerns and any behavior issues or delays that do not feel right to you. Just as in the NICU, you are your preemie's advocate so ask, ask, ask!
- **Is it noted in my preemie's medical records to look for potential health/behavior issues related to preterm birth?** Make sure your medical team is well versed when it comes to your preemie's health and that they know what they should be paying attention to due to preterm birth.

 [continued at premieworld.com/afterthenicu-2020-Nov](http://premieworld.com/afterthenicu-2020-Nov)



PREEMIE STORY OF THE MONTH

SCOTLYN SCHLANGER



“ Preemie Mom, Paige recalls, “My pregnancy was going perfectly, I almost couldn't believe it. No morning sickness, glowy skin, everything was going well...until it wasn't.”

Paige continues, “My water broke at 25 weeks and 4 days due to a partially ruptured membrane. I was having contractions, put on bedrest and was told that I wasn't going to leave the hospital without a baby. That was the scariest moment of my life.”

“I would never wish an extended stay in the NICU on anyone, but it brought my little family together like nothing else could.”

- Paige Schlanger

 [continued at premieworld.com/preemiestory-2020-Nov](http://premieworld.com/preemiestory-2020-Nov)



MADHATTER KNITS

OUTREACH: INTERNATIONAL



Founded in 2014, Madhatter Knits is a non-profit organization dedicated to supplying knit hats for premature babies in the Neonatal Intensive Care Unit (NICU).

Our goal is that critically ill infants and their families in the NICU will receive our love and support through their fragile beginnings. “We have been determined to make an impact on the community of NICU babies and their parents,” states Co-founder, Tiffany Chang.

 [continued at premieworld.com/madhatter-knits](http://premieworld.com/madhatter-knits)

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www.instagram.com/premieworld

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PREEMIE SWAG



It's not just the cool design or perfect fit—our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



QUESTION OF THE MONTH

Tell us about your proudest moment in the NICU.

@preemiecrystalball: Kangaroo Care! I finally felt like a mother and could see she knew me.

@rockerchick4life: The moment my son made it to an open crib. It felt a little more normal in an extremely “not normal” environment. I knew we were close to getting him home and I was incredibly proud of all his hard work.

@countrygirl2533: When she was able to drink her bottle without any bradys. I was so proud in that moment.

NON-PROFIT NEWS

GRAHAM'S FOUNDATION

Virtual “Tinies for Premies”

NICU PARENT NETWORK (NPN)

Giving Birth during the Covid-19 Pandemic



see more at premieworld.com/npnews-2020-Nov

WANT TO SEE YOUR NEWS HERE?

Visit premieworld.com/contact to inquire.



WHAT'S NEW?

PREMIERWORLD NEWS



- PremieWorld Editor, Jenny McCormick was interviewed as the Community Spotlight for the award-winning *Chance Theater*, in Episode 4 of *Some Good News, O.C.* - Check it out! <https://premie.us/SpotlightJennyM>
- Deb Discenza co-chaired the “Racial & Healthy Equity in Clinical Trials” session at the *International Neonatal Consortium (INC)* in late October. She is hopeful for an ongoing workgroup. Learn more at <https://c-path.org/programs/inc/#INC2020>



continued at premieworld.com/WhatsNew-2020-Nov



PREEMIE GENIUS



LOVING MYSELF AGAIN

Depleted of energy, overwhelmed and at a loss as to how to practice self-care?

Loving Myself Again

Self-care from A-Z after a NICU stay is a highly recommended read!



premieworld.com/premiegenius-2020-Nov



PREMIERWORLD TAGS

JOSELYNN EXCIE ISABELLA



“Joselynn was born December 27, 2017 at 25 weeks and 2 days. Joselynn spent 126 days in the NICU developing and growing.

Joselynn is 2 and can identify her alphabet, numbers, colors and shapes. Joselynn is able to spell her name and say about 100 words.

At the age of 2 she was diagnosed with cerebral palsy, however, that does not stop her one bit. Joselynn loves to tell everyone “BBB” she is Brilliant, Beautiful and Blessed!”



continued at premieworld.com/PWtags-2020-Nov



PREEMIE FREEBIES

ACCESS TO SYNAGIS

Thanks to the drug, Synagis, parents of premies have a tool that can aid them during the perilous season of RSV. Download our November Freebie, *Access to Synagis* for tips and advice when insurance doesn't cover it. *Ahora disponible en Español.*



get it at premieworld.com/premie-freebies



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