



preemieFAMILY

Vol. VIII, Issue 3: March 2021



A NOTE FROM JENNY

According to the 2020 March of Dimes Report Card, in the United States, the preterm birth rate among Black women is 50% higher than the rate among all other women.

Factors such as lack of access to maternity care, financial instability and lack of health insurance play a big part in deepening many health inequities in our society. With this being said, we are incredibly proud of organizations that are stepping up to the plate and using their voice to create a vision to support Black NICU Families.

Learn more about the Alliance for Black NICU Families and their important mission. <https://www.blacknicufamilies.org/>

If you are a Black NICU parent, click on this link and take a quick, confidential survey about your NICU experience: <https://preemie.us/BlackNICUFamilies>

[continued at premieworld.com/note-from-jenny-2021-Mar](https://premieworld.com/note-from-jenny-2021-Mar)

STRATEGIC PARTNERS

PROLACTA BIOSCIENCE



prolacta.com

SAGE THERAPEUTICS



sagerx.com

ONCE UPON A PREMIE



onceuponapremie.com

NICU HEALING



nicuhealing.com

WANT TO PARTNER WITH PREMIEWORLD?

Visit premieworld.com/our-partners to inquire.

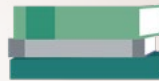
AFTER THE NICU

March is Child Life Month. What is the role of a Child Life Specialist (CLS) within a hospital setting and how can they make a great part of your preemie's medical team after the NICU?

- **Child Life Specialist:** A child life specialist is a professional who is trained to work with children in a medical environment by helping ease children's fear and anxiety by normalizing the hospital experience through therapeutic play, education and emotional support.
- **The Healing Power of Play:** Since play is an important part of children's lives, child life specialists use play in many ways to help children cope. Therapeutic play is used to help children manage pain, emotional stress, meet treatment goals and teach new skills. This entails using real or pretend medical equipment



[continued at premieworld.com/afterthenicu-2021-Mar](https://premieworld.com/afterthenicu-2021-Mar)



PREEMIE STORY OF THE MONTH

DARRYL TYRONE JOHNSON III (TRE')



“Darryl Tyrone Johnson III “Tre” was expected to make his grand entrance into the world on March 28, 2020. Instead, Tre’ blessed us with his presence on December 5th, 2019 and shares a birthday with his mom, Kanedra Romaine Johnson,” mentions Tre’s dad, Darryl Jr.

“And when I passed by thee, and saw thee polluted in thine own blood, I said unto thee when thou wast in thy blood, LIVE; yea, I said unto thee when thou wast in thy blood, LIVE.”

- Ezekiel 16:6

Kanedra, was diagnosed with HELLP Syndrome, a potentially life-threatening disorder that occurs in 5-8% of pregnancies and because of this, Tre’ made his entrance into the world at only 23 weeks with a 2% chance given from the doctors to survive.



[continued at premieworld.com/preemiestory-2021-Mar](https://premieworld.com/preemiestory-2021-Mar)



NICU BABY CLUB

OUTREACH: EDINBURG, TEXAS



“In December 2018, my baby was born premature due to preeclampsia. It was a traumatic birth with an emergency c-section and I hardly knew anyone who had a similar experience and felt a need to connect with anyone who had a similar situation as mine,” shares Founder, Natalie Ruiz.

NICU Baby Club offers support for parents of all preemies and NICU parents. We also showcase our NICU parents and their babies.



[continued at premieworld.com/nicu-baby-club](https://premieworld.com/nicu-baby-club)

- f www.facebook.com/PreemieWorld
- t [@PreemieWorld](https://twitter.com/PreemieWorld)
- in [@PreemieWorld](https://www.instagram.com/premieworld)
- ig www.instagram.com/premieworld

Vol. VIII, Issue 3: March 2021

premieworld.com | © PreemieWorld, LLC. 2021



PREEMIE SWAG



It's not just the cool design or perfect fit—our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



QUESTION OF THE MONTH

Tell us about your preemie's heart health.

@mcqueen_galaxy: She is doing good. At two months, she had her heart operation in 2019. Her doctor told us at her last visit that her heart is healing nicely. My baby has DS and she will be evaluated for Autism next month. I love her so much. It's just me and my baby. She's my savior...my everything really.

@rockerchic4life: My 26-weeker had a PDA early on which caused acidosis. Thankfully the acidosis improved and the PDA closed and no further treatment was needed from cardiology.

NON-PROFIT NEWS

PROJECT SWEET PEAS

CuddlePeas Donations | March 2021

COLETTE LOUISE TISDAHL FOUNDATION

Baby Showers - Donations needed | March 2021



see more at premieworld.com/npnews-2021-Mar

WANT TO SEE YOUR NEWS HERE?

Visit premieworld.com/contact to inquire.



WHAT'S NEW?

PREMIERWORLD NEWS



- Are you a parent with an older preemie? Take a moment to read, Senior Editor of PreemieWorld, Jenny McCormick's latest blog: *What?! Preemie life doesn't end after the NICU?!* - <http://premie.us/AftertheNICUBlog>
- Winner of our PreemieWorld My Little House toy Giveaway: Congratulations to Silas Beck of Alabama.



continued at premieworld.com/WhatsNew-2021-Mar



PREEMIE GENIUS



SAMMIE THE SALMON

Author and preemie mom, Debra Kline shares her story of having a preemie in such a captivating way.

Sammie the Salmon is a book that belongs on every preemie's bookshelf!



premieworld.com/preemiegenius-2021-Mar



PREMIERWORLD TAGS

NAKAI, PHOENIX, LIANELLA KANAVENTI



Tag us on Instagram before the 15th of the month for a chance to be highlighted!

“ Meet Nakai, Phoenix and Lianella, former 32 week triplets, each weighing just over 3 lbs. All three required breathing treatments, but quickly put on weight as they learned to breastfeed. Phoenix spent 28 days in the NICU, Lianella, 35 days and Nakai, 36 days.

At age three, all are potty trained and in the 90th percentile and above for height and quite advanced in language and gross motor skills.”



continued at premieworld.com/PWtags-2021-Mar



PREEMIE FREEBIES

ALLIANCE FOR BLACK NICU FAMILIES STATISTICS CARD

Did you know studies suggest that PPD is more likely to occur in women of color? This month's freebie shares statistics from the Alliance for Black NICU Families, an organization that seeks to raise the voice of black families in the NICU and post-NICU. *Ahora disponible en Español.*



get it at premieworld.com/preemie-freebies

- f @ www.facebook.com/PremieWorld
- t @ PremieWorld
- in @ PremieWorld
- www.instagram.com/premieworld

Vol. VIII, Issue 3: March 2021

premieworld.com | © PremieWorld, LLC. 2021