



preemieFAMILY

Vol. VII, Issue 7: July 2020



A NOTE FROM DEB

BLACK LIVES MATTER. As I write this, the United States is undergoing protests worldwide regarding the horrific death of African American George Floyd while in police custody.

We at PremieWorld are lifting up the African American community in our hearts and minds. We are using this momentum to push for change in how professionals work with families. Look for more at PremieWorld.com and social media.

The Premie Parent's Survival Guide to the NICU, 2nd Edition is Out Now! We are pleased to announce the second edition of our print book and a new set of e-books. Please feel free to check it out on our website at:

www.PremieWorld.com or on [Amazon.com](https://www.amazon.com)



[continued at premieworld.com/note-from-deb-2020-July](http://premieworld.com/note-from-deb-2020-July)

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Visit premieworld.com/our-partners to inquire.

AFTER THE NICU

The coronavirus has wreaked havoc with our community, both in the NICU and at home. For those at home that are many years post-NICU, there is fear about returning to school as the second wave hits. We get it. Some tips:

- **Enlist the Pediatrician and/or Specialist:** Ask the doctor to write a note about your child's low immune system, chronic lung disease, disability that would make returning to school impossible for safety.
- **Virtual Meeting with the Principal and/or Team:** Having a meeting around your child's situation should be done sooner rather than later. Reach out to the school and see if a meeting can be scheduled either now or a short time before school actually starts. Provide the letter to serve as a reason why you have concerns for your child's return to school.



[continued at premieworld.com/afterthenicu-2020-July](http://premieworld.com/afterthenicu-2020-July)



PREEMIE STORY OF THE MONTH

LIHAM AHMAD



“At 24 weeks I started having contractions, my water broke and I went into labor...one minute later without even pushing, my little preemie, Liham Ahmad made his way into this world weighing 1.45 lbs,” relates Liham’s mother.

There were times when I was in the NICU with Liham and he would stop breathing and the machines would go off...and that broke me. But watching Liham fight is what gave me the courage.

“You won’t lag behind, because you’ll have the speed. You’ll pass the whole gang and you’ll soon take the lead... Wherever you go, you will top all the rest.” - Dr. Seuss



[continued at premieworld.com/premiestory-2020-July](http://premieworld.com/premiestory-2020-July)



PATIENTS RISING

OUTREACH: UNITED STATES

The focus of Patients Rising is broad. We support all patients in their search for access to affordable healthcare.

We provide tools for self-advocacy and help people step into the field of patient advocacy with training and support. In all things we do, we attempt to elevate the patient's voice in all policy and healthcare discussions.



[continued at premieworld.com/patients-rising](http://premieworld.com/patients-rising)



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PREEMIE SWAG



It's not just the cool design or perfect fit—our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



QUESTION OF THE MONTH

Tell us about your preemie's vision.

@mummagogo: Mine is long-sighted, with a slight squint, but glasses seem to sort them. He's nearly 5 and has been wearing glasses since he was 3.

@stylingby_sal: My baby had severe ROP, stage 3 which led to laser...and now she is 4 and she has CVI and ongoing vision therapy.

@kas_kares17: My 22-weeker hasn't shown any signs of ROP and his vision has improved. We now have a new prescription and new glasses are on the way!

NON-PROFIT NEWS

GRAHAM'S FOUNDATION

Preemie Parent Mentor Program

PROJECT NICU

Virtual NICU Parent Support Group



see more at premiworld.com/npnews-2020-July

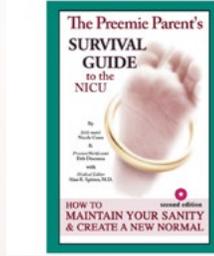
WANT TO SEE YOUR NEWS HERE?

Visit premiworld.com/contact to inquire.



WHAT'S NEW?

THE PREEMIE PARENT'S SURVIVAL GUIDE TO THE NICU



PreemieWorld and Prolacta Bioscience are proud to announce publication of the updated second edition of *The Preemie Parent's Survival Guide to the NICU*.

The Preemie Parent's Survival Guide to the NICU now reflects the latest clinical advancements to better support parents worldwide, providing in-depth information for parents with a preterm infant in the NICU.



continued at premiworld.com/WhatsNew-2020-July



PREEMIE GENIUS



THE MOMENT YOU WERE BORN

Author: Sandra M. Lane, MA, SLP & Brenda S. Miles, PhD

A book to soothe both parents and the baby in the NICU.



premiworld.com/preemiegenius-2020-July



PREMIERWORLD TAGS

KORA DAVIS the WARRIOR PRINCESS



Tag us on Instagram before the 15th of the month for a chance to be highlighted!

“Kora was born at 28 weeks and was in the NICU for 68 days. Kora's mom relates, “Kora has always blown us away with her strength and how much she can do.”

Kora is now 16 months old and walking, climbing and even doing assisted forward rolls! She's a happy, determined sassy little thing destined for great things!



continued at premiworld.com/PWtags-2020-July



PREEMIE FREEBIES

THE TOP 7 THINGS PREEMIE PARENTS NEED TO KNOW

The NICU is an overwhelming and scary place. The author of *The Preemie Parent's Survival Guide to the NICU* has provided some valuable tips in this free download: **The TOP 7 Things Preemie Parents NEED to Know**. Ahora disponible en Espanol.



get it at premiworld.com/preemie-freebies



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