



preemieFAMILY

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A NOTE FROM JENNY

Preemie love is in the air here at PremieWorld as we continue to search for ways to support you, our amazing community of preemie parents and professionals. Check out some of these resources:

- Inspire Preemie Network:** A safe & private virtual preemie parent community. preemie.inspire.com
- Monthly Newsletters:** Subscribe and receive monthly newsletters designed for preemie parents and preemie professionals. www.PremieWorld.com
- Instagram LIVE:** Look out for special interviews and giveaways on Instagram. @PremieWorld
- The Preemie Parent's Survival Guide to the NICU (2nd Edition):** A book designed to support parents in the NICU and beyond. Available on Amazon and www.PremieWorld.com
- Preemie Crystal Ball:** A research portal being developed for the preemie community through the lifespan of pregnancy and beyond. Join the movement! <https://crystalballhealth.com/>

 continued at premieworld.com/note-from-jenny-2021-Feb

STRATEGIC PARTNERS

PROLACTA BIOSCIENCE



prolacta.com

SAGE THERAPEUTICS



sagerx.com

ONCE UPON A PREMIE



onceuponapremie.com

NICU HEALING



nicuhealing.com

WANT TO PARTNER WITH PREMIEWORLD?

Visit premieworld.com/our-partners to inquire.

AFTER THE NICU

Your baby has been cared for by experts in the field of neonatology. Now finding a pediatrician to care for your baby after he or she leaves the NICU can seem like a daunting task. If you are trying to find a pediatrician, here are a few places to start:

- NICU Team:** Prior to leaving the NICU, ask the neonatologist and NICU team for some suggestions. They will be familiar with the pediatricians who practice in or near the hospital and may be able to give you some guidance.
- Online Resources:** Many online sites have star ratings for pediatricians in your area. Along with the ratings, they provide information on the pediatrician's background, education, hospital affiliations, insurance networks accepted, staff and peer reviews. <https://www.healthgrades.com/>

 continued at premieworld.com/afterthenicu-2021-Feb



PREEMIE STORY OF THE MONTH

MAXIMILIANO DIAZ "MIGHTY MAX"



“Maximiliano aka “Mighty Max” was born at 31 weeks gestation due to preeclampsia. “Everything seemed to happen quickly and I was hospitalized on November 20, 2019 due to high blood pressure and by November 22nd, I was flown by helicopter to a hospital in San Diego, CA,” recalls, Max’s mom, Valeria.

“Prematurity has taught me patience and it got me closer to God. My faith is so much stronger now.”

- Max's Mommy

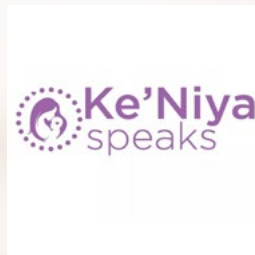
“This was the scariest experience of my life. I had never even heard about the NICU before Max’s early arrival. I had zero idea of what I was about to go through,” relates Valeria.

 continued at premieworld.com/premiestory-2021-Feb



KE'NIYA SPEAKS FOUNDATION

OUTREACH: FLORIDA, USA



“Ke’Niya Speaks Foundation, Inc. is a nonprofit organization established in memory of my daughter, Ke’Niya Ealey,” shares Founder, Selina Hodge. “I gave birth prematurely at 25 weeks and 4 days. Our Preemie Princess passed away in the NICU, at 4 months and 1 day, just days before she was scheduled to be released to come home. Ke’Niya’s death was unexpected, and from that day until now, our lives were changed forever.”

The main mission of Ke’Niya Speaks Foundation is to raise awareness and educate the community on how important prematurity is.

 continued at premieworld.com/keniya-speaks-foundation

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PREEMIE SWAG



It's not just the cool design or perfect fit- our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



QUESTION OF THE MONTH

Inspire another premie parent with a few words of wisdom.

@sillymammaof5littles: Breathe, and ask for help. Having a premie is difficult, and the social isolation, especially now, is going to make that journey harder. Even if it's a friend or family member stopping by your house to switch your laundry or clean up your kitchen and leave a meal, it'll help. You have more important things to focus on.

@nerdymamap: These sweet babies were always meant to be ours no matter how difficult our journey. It takes extra special moms to care for these extra special babies. Even though the difficult beginning seems like it goes on forever, you blink and the NICU feels like another lifetime ago.

NON-PROFIT NEWS

CARTER'S CAUSE

Instagram LIVE Series

GRAHAM'S FOUNDATION

Premie Parent Mentor Program



see more at premieworld.com/npnews-2021-Feb

WANT TO SEE YOUR NEWS HERE?

Visit premieworld.com/contact to inquire.



WHAT'S NEW?

PREMIERWORLD NEWS



- Deb Discenza was recently featured in **Neonatology Today** sharing an important social topic: *White Privilege & Why NICUs Should Care* - Click link to read: <https://premie.us/NeoTodayFeature>
- The **Alliance for Black NICU Families** still needs your survey support. - <https://premie.us/BlackNICUFamilies>
- Premie Crystal Ball needs YOUR feedback on your feelings around research. - <https://premie.us/PCBSurvey>



continued at premieworld.com/WhatsNew-2021-Feb

PREEMIE GENIUS



TABLE FOR FIVE

A Father's Story of Life, Love and Loss

Author, Ted Yang shares a heartfelt memoir of his triplets born at 24 weeks' gestation.

What a great resource, especially for premie fathers!



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PREMIERWORLD TAGS

ESMÉ ELISE HAHN



“Esmé Elise Hahn was born at 31 weeks due to complete placenta previa.

Today, Esmé is now a happy, wild, and bubbly 2 year old! She climbs everything and runs everywhere. She has the fine and gross motor skills of a 3-4 year old and is the funniest toddler I have ever met. She is truly a miracle and we love her fiercely!”

Tag us on Instagram before the 15th of the month for a chance to be highlighted!



continued at premieworld.com/PWtags-2021-Feb



PREEMIE FREEBIES

HEART HEALTH STATISTICS CARD

February is American Heart Month. Did you know that babies who are born too soon may be more likely to develop heart disease as adults than full-term infants? Download our FREE statistics card today! *Ahora disponible en Español.*



get it at premieworld.com/premie-freebies



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