



preemieFAMILY

Vol. IX, Issue 2: February 2022



A NOTE FROM JENNY

February is dedicated as **Black History Month**, honoring the triumphs and struggles of African Americans throughout history. We have come a long way, however, statistics show we have much more work to do. In the U.S. alone, the CDC reported that black women experience maternal mortality at a rate 2-3x higher than that of white women and the rate of preterm birth among African-American women is about 50% higher than the rate of preterm birth among white women.

PremieWorld is honored to support groups dedicated to supporting black families:

- **Alliance for Black NICU Families:** Join the ripple of change. Racial & Health Equity starts with you. Learn more: <https://blacknicufamilies.org/>
- **GLO Preemies:** Supporting the Black community from pregnancy to adulthood. <https://www.glopreemies.org/>
- **Once Upon a Premie Academy:** Health and Racial Equity Training. <https://www.ouona-premieacademy.com/>

continued at premieworld.com/note-from-jenny-2022-Feb

STRATEGIC PARTNERS

PreTRM



pretrm.com

NICU HEALING



nicuhealing.com

PROLACTA BIOSCIENCE



prolacta.com

CRYSTAL BALL HEALTH



crystalballhealth.com

CRYSTAL BALL HEALTH



felicemedia.com

ONCE UPON A PREMIE



onceuponapremie.com

WANT TO PARTNER WITH PREMIEWORLD?

Visit premieworld.com/our-partners to inquire.

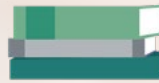
AFTER THE NICU

February was named **American Heart Month** by the American Heart Association and February 7-14th is **Congenital Heart Defects (CHD) Awareness Week**. Nearly 1 in 110 babies is born with a heart defect in the United States each year. About 1 in 4 babies born with a heart defect (about 25 percent) has a critical CHD. If you have a baby with a heart defect here are some resources:

- **MENDED LITTLE HEARTS:** In 2004, The Mended Hearts, Inc. recognized a unique need to provide hope and support to “the littlest heart patients of all” and their families, so the Mended Little Hearts program was created. <https://mendedhearts.org/about-us/about-mended-little-hearts/>



continued at premieworld.com/afterthenicu-2022-Feb



PREEMIE STORY OF THE MONTH

AIDEN, LONDON & JAMIE



“I am the mother of 3 children born premature. I came from an accomplished family but in my Senior year of college I found myself pregnant, suffering from severe HG, with no family support, and unenrolled from college, share preemie mom,” Ashley Randolph.

“The advice I would give is to take it one day at a time and don’t forget to ask questions when you need more information. No question is too small or unimportant.”

““They are born early but that is just the beginning of their story.””
- Ashley Randolph



continued at premieworld.com/premiestory-2022-Feb



THE INSPIRED TREEHOUSE

OUTREACH: INTERNATIONAL



“At The Inspired Treehouse, we believe that with a little help, kids can build strong, healthy bodies and minds through play. We feature easy-to implement activities that are designed to promote all kinds of developmental skills for kids,” shares Physical Therapist, Lauren Drobnyak and Occupational Therapist, Claire Heffron.

“We believe that the more parents, teachers, and caregivers know about child development and wellness, the better off kids are!”



continued at premieworld.com/inspired-treehouse

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PREEMIE SWAG



It's not just the cool design or perfect fit—our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



QUESTION OF THE MONTH

What is your biggest pet peeve in the NICU?

@magicpixie59 Being shouted at by staff to close the incubator when getting my child out for skin-to-skin.

@katherinenorland: Staff saying you can't speak to your baby or read to them because they need to rest while the nursing staff is telling jokes and cackling loud in the background.

@atmomalways: Doctors who act like they are too good for their patients.

NON-PROFIT NEWS

KANGAROO CARE/THE ZAKY

In Touch with Experts LIVE Series | 2.9.22

GLO PREEMIES

Small Business Connect | 2.3.22



see more at premiworld.com/npnews-2022-Feb

WANT TO SEE YOUR NEWS HERE?

Visit premiworld.com/contact to inquire.



WHAT'S NEW?

WELCOME TO THE PREMIERWORLD TEAM!

PremieWorld is excited to welcome two amazing women to our team!

- **Jean Katongole** (preemie grandma) from Uganda, Personal Assistant for PremieWorld.
- **Thavery Ngeth** (preemie mom) from Alberta Canada, PremieWorld Intern.



continued at premiworld.com/WhatsNew-2022-Feb



PREEMIE GENIUS



MY VERY LITTLE SISTER AND THE VERY BIG STORY

Author: **Alina Brett**

A book created to help siblings cope with a sibling in the hospital. Created by big sister, Alina through her personal experience.



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PREMIERWORLD TAGS

LENOX SANDERS



Tag us on Instagram before the 15th of the month for a chance to be highlighted!

“ Meet the handsome, Lenox Sanders! Lenox was born at 26-weeks and spent 119 days in the NICU.

Lenox will be 3 on February 26th. He loves playing with his dog and turtle and riding his scooter.

Let's all share some birthday cheer for this amazing miracle! ”



continued at premiworld.com/PWtags-2022-Feb



PREEMIE FREEBIES

VALENTINE'S CARD FROM YOUR SPECIAL PREEMIE

This Valentine's Day, we have you covered! Download this adorable card from your special preemie and remember, YOU are loved! *Ahora disponible en Español!*



get it at premiworld.com/preemie-freebies



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