



preemieFAMILY

Vol. IX, Issue 8: August 2022



A NOTE FROM JENNY

A preemie's lack of muscle development, difficulty latching on, and trying to master "suck, swallow, and breath" are just a few of the challenges preemie parents face, not to mention trying to maintain calm in a not so calm environment. No wonder many preemie parents and NICU professionals find feeding in NICU one of the most difficult parts of the journey.

This month is National Breastfeeding Month. Here are resources for breastfeeding preemie moms:

Positive Preemie Breastfeeding Tips - Download this informative PremieWorld Freebie with tips to breastfeeding in the NICU. <https://premieworld.com/portfolio-item/positive-preemie-breastfeeding-tips/>

Helping My Very Tiny Baby Thrive - Tips on helping your preemie thrive with information on a human milk-based fortifier versus bovine-based fortifiers. <https://premieworld.com/portfolio-item/helping-my-very-tiny-baby-thrive/>

continued at premieworld.com/note-from-jenny-2022-Aug

STRATEGIC PARTNERS

PreTRM

PROLACTA BIOSCIENCE

CRYSTAL BALL HEALTH



pretrm.com

prolacta.com

felicimedia.com

NICU HEALING

CRYSTAL BALL HEALTH

ONCE UPON A PREMIE



nicuhealing.com

crystalballhealth.com

onceuponapremie.com

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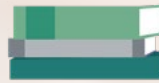
AFTER THE NICU

Breastfeeding for preemie moms isn't just hard in the NICU but it can even translate over into the post-NICU journey. As you are surrounded by moms putting their babies to breast with ease, your breastfeeding journey may look much different. It may be exclusively pumping around the clock or having no milk at all. Let go of the guilt and read on:

- Know your options. Research other ways of providing nutrition for your preemie. www.prolacta.com
- Find Support: Meetings can be a wonderful place for preemie moms to share their breastfeeding challenges. Join Deb Discenza on the Premie Inspire Network and meet other compassionate moms who get it. <https://www.inspire.com/groups/preemie/>



continued at premieworld.com/afterthenicu-2022-Aug



PREEMIE STORY OF THE MONTH

PATRICK MORAN



Meet Patrick Moran, a former 23-week preemie and the sole survivor of triplets.

Patrick shares, "Being born early has shaped my life and continues to do so. It has taught me that in some instances my story I feel, has helped people and given them hope with their own problems."



Preemie Power!



"Sometimes I'm the underdog and have to show people what I can do."

- Patrick Moran



continued at premieworld.com/premiestory-2022-Aug



NEONATAL COMFORT CARE PRGM

OUTREACH: INTERNATIONAL



Neonatal Comfort Care Program is focused on the perinatal/neonatal population with the goal to provide comprehensive medical, nursing, and emotional care to families facing pregnancies with complex congenital and/or life-limiting diagnoses, delivery of extremely premature babies, and babies in the NICU already who are critically ill and/or facing end of life.

Learn more about the 2022 Next-Level Perinatal Palliative Care Virtual Training Course available internationally!



continued at premieworld.com/NCCP



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PREEMIE SWAG



It's not just the cool design or perfect fit—our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



QUESTION OF THE MONTH

What caused your preterm birth?

@lou.s.93: Mine was down to low iron deficiency. 27 weeks, 5 days, my daughter was born and needed resuscitation on the bathroom floor. She is 3 now and thriving like any 3 year old.

@jill.m.c.Baby 1: HELLP emergency C-section at 29+6 weeks.

@kimmakesmugs: My son's twin (girl) died in utero at 20 weeks gestation. My son was born at 26 weeks because I went into labor due to my daughter.

NON-PROFIT NEWS

NICU PARENT NETWORK (NPN)

NPN Live! 3.0 | August 4-6, 2022

PROJECT NICU

Wishing Flower Walk | August 28, 2022



see more at premieworld.com/npnews-2022-Aug

WANT TO SEE YOUR NEWS HERE?

Visit premieworld.com/contact to inquire.



WHAT'S NEW?

BREAST PUMP GRANT PROGRAM

The Alliance for Black NICU Families has officially launched its Breast Pump Grant Program for African American NICU Mothers.

The Alliance's mission is to change racial and health equity policy nationwide and help African American NICU Families with equalizing grants. For more information please contact Deb Discenza at <https://BlackNICUFamilies.org>



continued at premieworld.com/WhatsNew-2022-Aug



PREEMIE GENIUS



OUR NEW BABY IS IN THE NICU

by Alyssa Veech

From the author of Small But Mighty comes an engaging activity book for siblings with a new baby in the Neonatal Intensive Care Unit.



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PREMIOWORLD TAGS

LEO & CHARLIZE WEBSTER



Tag us on Instagram before the 15th of the month for a chance to be highlighted!

“ Leo and Charlize were born at 30+4 weeks during an emergency C-section. They spent 31 days in the NICU.

Today they are 36+1 weeks and still should have stayed 2 more weeks in the womb but mom is over the moon to have them home and watching them grow. ”



continued at premieworld.com/PWtags-2022-Aug



PREEMIE FREEBIES

BREASTFEEDING ENCOURAGEMENT CARD

A special encouragement card for our preemie moms! No matter what breastfeeding looks like for you, YOU GOT THIS! Our Preemie Freebies can be downloaded and printed. *Ahora disponible en Español!*



get it at premieworld.com/preemie-freebies



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