



premiepro
support. educate. advocate.



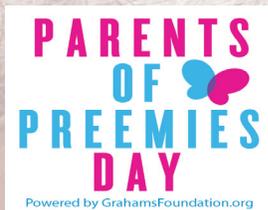
PARENT POWER

one issue at a time with PremieWorld

Parents of Premies Day. If you are in the NICU, you might not know yet that there is an actual awareness day devoted to parents of premies. Parents of Premies Day is annually on the first Sunday in May (this year is 6 May). Powered by **Graham's Foundation**, there are events worldwide to help celebrate those who are in the NICU now and those before them. This day recognizes the challenges parents go through not only annually but monthly, weekly and daily if not hourly with their preemie in the NICU, at home and beyond. They are tireless caregivers, giving of themselves in a way that is truly exceptional and yes, heroic.

2018:

**Giving premies the tools to *thrive*,
... not just survive.**



IN THIS ISSUE:

Parent Power

Deb Discenza sheds light on a very special day each May for parents - Parents of Premies Day.

Premie Genius: DREAMWISP

We highlight the latest Premie Genius product that is making a difference with premies everywhere.

Premie Organization: Premie Association

A non-profit that is making a difference in the field of prematurity and neonatology.

Look for worldwide events

<https://premieworld.com/events/>



YOUR PREEMIE FREEBIE: KANGAROO CARE AWARENESS

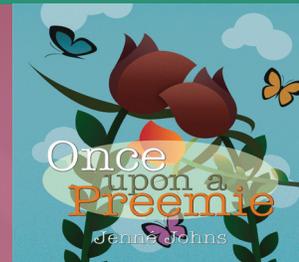
PremieWorld provides a number of free handouts to be used in the NICU and beyond on the "Freebies For You" page of our website. This month's freebie is a **Kangaroo Care Awareness Badge**.

International Kangaroo Care Awareness Day is May 15th. Share this on your social media channels and with your fellow preemie parents!

Get this at Premie Freebies at <https://premieworld.com>

“ Kangaroo Care in the NICU helped me feel like a real mother for the first time and that was weeks after my daughter was born at 30 weeks. From weight gain to her vitals improving, I was sold. Kangaroo Care is medicine!

~ Deb Discenza, PremieWorld



www.OnceUponaPremie.com

TO DO LIST:

- New Section.** Check out our new section, *Giving From Your Heart*, on p. 4.
- Freebies.** Get free downloads from PremieWorld at <http://bit.ly/PremieFreebies> Have an idea for a freebie? Contact us and let us know.
- Parents of Premies Day**
May 6, 2018, Worldwide
<http://www.grahamsfoundation.org>
- International Kangaroo Care Awareness Day**
May 15, 2018, Worldwide
<https://kangaroo.care>

CONNECT WITH US:

Have an event you want to share with our community? Visit <https://premieworld.com> or drop us a line at connect@premieworld.com!

@ www.facebook.com/PremieWorld

@ [PremieWorld](https://twitter.com/PremieWorld)

@ [PremieWorld](https://www.linkedin.com/company/premieworld)

@ www.instagram.com/premieworld

SUPPORT: PIERCE'S PROJECT

After having 23-weeker Pierce, Lindsay Franks saw a distinct need for family support in her area. And so, Pierce's Project was born.



Website: www.PiercesProject.com
Established: 2012
Focus: Support before, during and after the NICU
Outreach: Regional - Charlotte, North Carolina, USA

The Beginning

Pierce's Project was founded after Lindsay Franks (chair/founder) had her first son, Pierce at just 23 weeks gestation. Shortly after his birth, Lindsay noticed a need to connect new NICU families with those who had gone through this challenge before in order to provide support. Thus Pierce's Project was created. Today, the organization has a team of 11 former NICU parents serving on the Advisory Board. 100% volunteer ran, the organization is part of Novant Healthcare Foundation.

Offerings

Pierce's Project serves families with NICU experience in the greater Charlotte, NC region at all stages in their stay (before, during and after) by providing support programming including care packages, hospital dinners, parking passes, and preemie gatherings. Their newest initiative will provide professional counseling services to families with NICU experience.

Visit www.PiercesProject.com for more info



ORG: PREEMIE ASSOCIATION

From their shared experience of having preemie twins, Diana Gamulescu (President) and Nina Sofian (Vice-President) have created an organization to bring together civil society, parents, healthcare experts from different disciplines (psychology, neonatology and physical therapy) to improve the quality of public health services in Romania.



Programs

The organization works with renowned specialists in the areas of premature infant care to provide these services: Workshops for doctors in neonatology and maternity; recovery treatments for premature babies; psychological counseling for parents of preemies; implementation of kangaroo care in the hospitals and more.

Year Established: 2017
Website: www.asociatiaprematurilor.ro
YouTube: <https://youtu.be/IbOCR0MAhls>
Outreach: National
Location: Romania, Bucharest

Visit www.asociatiaprematurilor.ro for more info and to donate to this worthy organization.

ONE OF THE TOP 10 FILMS OF THE YEAR! — *The Advocate*

WINNER OF 12 BEST DOCUMENTARY AWARDS

Without warning, a family is brought to its knees when they must choose between the destruction of their idyllic family and the life of their infant son. When Nicholas is born 100 days early, he weighs only one pound and faces impossible odds for survival.

Exposing the rawest of human conditions by portraying her family with unflinching honesty, filmmaker Nicole Conn invites the viewer to probe the most private of questions with her: *when does caring become cruelty?* and *at what price life?*

"Such a personal piece of filmmaking, Conn makes Michael Moore look like an impartial observer" writes film critic Steve Warren of Miami's *The Weekly News*. Tim Glerason of *LA Weekly* calls the film "an altogether riveting portrait of motherly devotion at its most primal."

37 Minutes Extra Footage with Family Update, Deleted Scenes, and Preview of "The Nurses"

Outstanding from every perspective: humanly, emotionally, educationally and artistically. Every parent, every person working with preterm infants and their families must see this movie. — *Dr. HeidiLise Ab, Harvard Medical School and Director of Neurobehavioral Infant and Child Studies at Children's Hospital, Boston*

Color 112 min. 5.1 Dolby Digital Surround Sound Not Rated
Aspect Ratio 16:9 Worldwide Region Coding English
SOUNDTRACK AVAILABLE AT WWW.LITTLEMANMOVIE.COM

DAVID C. BOHNETT DIRECTOR OF PHOTOGRAPHY NICOLE CONN EXECUTIVE PRODUCER "LITTLE MAN"
NICOLE CONN DANIEL JACOBSEN SEAN PRESANTY PRODUCED BY JOEL VAN WITSEN BRIAN HOVEN
EDITED BY BRIAN HOVEN EXECUTIVE PRODUCERS KATIE WELLS PRODUCED BY MARK CHATT
EXECUTIVE PRODUCERS DAVID C. BOHNETT DIRECTOR OF PHOTOGRAPHY DANIEL JACOBSEN NICOLE CONN EXECUTIVE PRODUCER "LITTLE MAN"
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BOOK: DREAMWISP

Nicole Brady had great inspiration from her brother with multiple disabilities. He forged ahead in life despite the odds and achieved many of his dreams. In her book, *DREAMWISP*, Brady tells the story of the uphill battle of one small boy doing just that. Every child and every adult on the planet will relate this book especially those with special needs. With wonderful illustrations that capture what dreams look like and how they can slip through one's grasp so easily, the book is hopeful but also provides realism in the form of challenge.

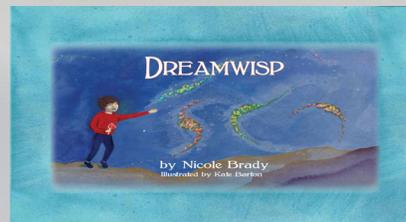


“

“Those are all dreams,” his mother kindly explained, “They mostly fly free and are rarely contained.” Luke looked at the wonderful dreams once again, “I want to catch one! he exclaimed with a grin.

”

~ DREAMWISP



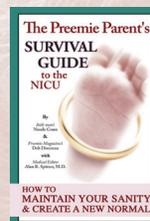
One lucky winner will receive a FREE, SIGNED copy of DREAMWISP! We'll select one NEW Instagram follower prior to 5/22/18. Enter to win by following us on Twitter at www.Instagram.com/PreemieWorld

*Congrats to [@projectpreemiecle](https://www.instagram.com/projectpreemiecle), the winner of April's giveaway, a copy of Ali Dunn's book *One of Two* (http://metwobooks.blogspot.com/p/about_15.html)*

Q'S ABOUT MEDICAL EQUIPMENT

From oxygen to a trach to CPAP to feeding tubes to a monitor, preemies have no shortage of medical equipment at home. Here are some suggested questions for the professional (specialists) to ask at the next visit:

- Based on today's exam, when can we look to shedding the medical equipment?
- When it is time to wean off the equipment, how is that done?
- Are there any residual issues I should be aware of after the medical equipment is gone?
- Could you please update my child's other doctors with the results of today's exam and our discussion?



*Find these questions and more in *The Preemie Parent's Survival Guide to the NICU*, available at www.PreemieWorld.com*



PREEMIE FAMILY ONLINE

Inspire Preemie Community:

Parents, Grandparents, Adults
& High-Risk Pregnancies

Help your families connect almost 44,000 parents of preemies worldwide! This close-knit forum is moderated by our own **Deb Discenza**.

The community connects families in the NICU, at home, into the school years, adult preemies and women with high-risk pregnancies.

<http://preemie.inspire.com>

PreemieWorld on Twitter

<http://bit.ly/PreemieTweets>

PreemieWorld on Facebook

<http://preemie.us/PreemieFB>

PreemieWorld on Instagram

<http://preemie.us/PreemieInstagram>



KANGAROO CARE AWARENESS

Give From Your Heart

This month's **Give From Your Heart** celebrates the **8th Annual International Kangaroo Care Awareness Day** on **15 May 2018**.

And this year we are excited to announce the launch of the official **International Kangaroo Care Awareness Day** web page at <https://kangaroo.care>

On the site you will find:

- Opportunities to share your kangaroo care stories/experiences/photos and videos.
- And for NICUs and organizations to register for the ONE DAY Kangaroo Care challenge.



FEATURED PREEMIE PRAYER:

I pray that you shield and protect Zaria as she grows and develops in the hospital. Wrap your arms around her and give her strength to thrive so she can come home to her family. Amen.

- Anonymous



We welcome your submissions for this section of **Preemie Pride**, **Preemie Angel**, and **Preemie Prayer** at PremieWorld.com



Prolonged, effective, safe, and hands-free Kangaroo Care sessions. Guaranteed.



www.nurturedbydesign.com



SNEAK PEEK

In next month's issue.....

New Item: Giving From the Heart

There is another special program where you can make a difference in the preemie community.

Preemie Genius

We are reviewing a new item of interest to parents of preemies and pros. Don't miss it!

And More!

Have you subscribed to Preemie Family yet? It's free!
<http://bit.ly/preemie1>

JOIN THE CONVERSATION

“ Always remember, you know what is best for your child! ”
~ Deb Discenza, PreemieWorld

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Premie Tags

Honor the Journey