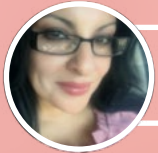




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A NOTE FROM JENNY

A New Year. New PremieWorld goals!

PremieWorld is resolved to continue to support our preemie community in 2023! Check out the many supports we have for both preemie parents and professionals:

Support Group: The [Premie Inspire Network](#) is made up of preemie parents at different stages of the preemie journey, led by PremieWorld's CEO, Deb Discenza.

Racial Equity: PremieWorld supports Black NICU families by working closely with The [Alliance for Black NICU Families](#). Learn more about their programs and push for racial equity in all NICUs.

PremieWorld News: Receive preemie news straight to your inbox! PW News is packed full of resources, support and preemie stories. Don't miss out! Sign up today: [PremieWorld News](#)

Cheers to a new year, new goals and changes for the better!

STRATEGIC PARTNERS

PreTRM



pretrm.com

BLACK NICU FAMILIES



blacknicufamilies.org

PROLACTA BIOSCIENCE



prolacta.com

CRYSTAL BALL HEALTH



crystalballhealth.com

SAGE THERAPEUTICS



sagerx.com

ONCE UPON A PREMIE



onceuponapremie.com

WANT TO PARTNER WITH PREMIEWORLD?

Visit premieworld.com/our-partners to inquire.



WHAT'S NEW

BREAST PUMP PROGRAM OPEN TO PARTNERS

The **Alliance for Black NICU Families** is excited to share that shipments of new [Elvie](#) wearable breast pumps have arrived! The Alliance's Breast Pump Program helps support Black moms in the NICU by providing wearable pumps to help moms pump at bedside next to their preemies and at work with more comfort and useability. The Alliance seeks to promote equalization and support racial equity in the NICU.

Need a pump for a Black NICU mother? Contact the Alliance today! - <https://blacknicufamilies.org/contact-us>

PREEMIEWORLD STORIES



LEON GIOVANNI BERTERO



"Although he is small, he is mighty"
- Sheri Bertero

"**Leon** wasn't due until 3/3 however on 11/28 contractions started at 9pm. This was the first pregnancy that resulted in labor, so what was thought to be Braxton Hicks turned out to be actual labor," shares preemie mom, **Sheri**. "Turns out the placenta had developed an *E. coli* infection and Leon knew it was no longer safe, so he had to get out and get treated for the infection. He was born at 3:26 AM."

"His first few days were great. He was breathing on his own and doing so well for only being 26 weeks. On day four he started to show signs of infection, and went downhill fast. He tested positive for an *E. coli* infection which later developed into meningitis. When he started to seizure, they did ultrasounds of his head which showed he had a stage three brain bleed. By the end of the day, the Doctors were afraid he wasn't going to make it."

Read full story: [Premie Stories Jan23](#)



MY KOTA BEAR

OUTREACH: STATE

My Kota Bear, Inc. is on a mission to bring awareness and support to NICU families. My Kota Bear Inc. is a non-profit 501(c)3 organization established February 2019.

"Our goal is to raise funds and collect items to give back to NICU families in communities by donating baby clothes (including preemie size), diapers, wipes, car seats, strollers, toiletries, formula, gas cards, gift cards, etc. Also, our goal is to provide education and awareness to help prevent pre-term labor and births," shares Director, **Danica Raney**.



My Kota Bear

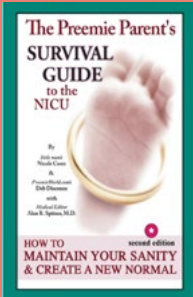
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PREEMIE STORE



The Premie Parent's Survival Guide, now in its second edition, is considered one of the best parenting books for premie families providing real experience of being in the Neonatal Intensive Care Unit or NICU and resources to help you get through it.

Now available in our PremieWorld Store!



PREEMIE PRO CORNER

EVENTS FOR NEONATAL PROFESSIONALS & SPECIALISTS

NEO: The Conference for Neonatology

- February 22 & 24, 2023
- Location: Las Vegas, Nevada
- Website: <https://pediatrix.cloud-cme.com/course/courseoverview?P=5&EID=1193>

ECMO and the Advanced Therapies for Respiratory Failure Symposium

- February 26-March 1, 2023
- Location: Washington, DC
- Website: <https://childrensnational.org/health-care-providers/healthcare-education/continuing-education-and-conferences/conferences-and-other-opportunities/ecmo-meeting>

NON-PROFIT NEWS

ALLIANCE FOR BLACK NICU FAMILIES

Breast Pump Program | [Partnership Page](#)

HAND TO HOLD

Support for Bereaved Families | [H2H Support](#)

MADHATTER KNITS

Knit a premie hat | [Madhatter Link](#)

WANT TO SEE YOUR NEWS HERE?

Visit premieworld.com/contact to inquire.



PREEMIE GENIUS

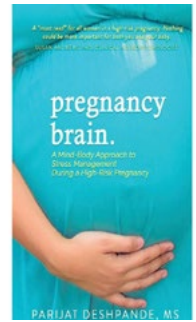


PREGNANCY BRAIN

Author: Parijat Deshpande

[Pregnancy Brain](#) is the first book of its kind focused primarily on high-risk pregnancies from a neurobiological perspective.

The creator, Parijat Deshpande, experienced infertility, loss, a very high-risk pregnancy, and an extremely preterm birth. It was this personal experience that opened her eyes to the gaps in the medical system.



PREEMIEWORLD DIRECTORY

PINK OATMEAL



Whether you are looking for a support group or general premie-related resources, chances are that our global Premie Directory has it!

Visit [Pink Oatmeal](#) - Resources for Physical Activity and Motor Skills Ideas

[PremieWorld Directory](#)

When you join the Pink Oatmeal email list, you will have immediate access to over 70 creative gross motor and fine motor skill resources.



PREEMIE FREEBIES

WORLD BRAILLE DAY

One in ten premature infants are affected by retinopathy of prematurity (ROP), the leading cause of childhood blindness. Check out the free resources available for premie parents. *Ahora disponible en Español!*



[Freebies-Gifts-Resources](#)

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