



A NOTE FROM DEB

We are starting 2020 PremieWorld Strong!

- Check out the totally revamped PremieWorld website: www.PremieWorld.com
- Our free newsletters are now subscription only. PremieFAMILY: <https://preemie.us/PremieFamily>
PremiePRO: <https://preemie.us/PremiePRO>
- Premie Crystal Ball, a premie registry from birth into the geriatric years is in the works. We have formed Crystal Ball Health, LLC. Join the movement: www.crystalballhealth.com/join
- Our flagship product, *The Premie Parent's Survival Guide to the NICU*, sold out in 2019. An updated 2nd edition is being printed. To purchase in bulk for your organization, contact us at connect@premieworld.com

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STRATEGIC PARTNERS

CRYSTAL BALL HEALTH



crystalballhealth.com

KEY TO CP



keytoop.com

FELICE MEDIA



felicemedia.com

WANT TO PARTNER WITH PREMIEWORLD?

Visit premieworld.com/our-partners to inquire.

INDUSTRY NEWS

Newly launched Premie Crystal Ball is a research portal being developed for the premie community through the lifespan pregnancy to birth to childhood, and beyond through the geriatric years. This registry will help former premature babies answer questions about their premature births and inform their care long after they leave the NICU. How can you participate?

- Join the Movement: <https://crystalballhealth.com/join>
- Share your Premie Story: <https://crystalballhealth.com/your-story>
- Crystal Ball Health Partners: <https://crystalballhealth.com/our-partners>



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CASEY LEWIS, CCC-SLP, CNT, NTMTC

SPEECH LANGUAGE PATHOLOGIST AT MEDICAL CITY, TX



Casey Lewis is a Speech-Language Pathologist with over 5 years experience in her field. Her passion to provide exceptional care stems from her brother's early intellectual disability and autism diagnosis and watching how that affected her entire family.

Learn more about Casey's field and pre-habilitative model approach that is used in the NICU to help promote the best possible developmental outcomes in preemies.

“ Neo therapists are highly specialized, intentional caregivers and powerful advocates for fragile infants and their families. ”



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TRUST YOUR STRENGTH

NONPROFIT ORGANIZATION IN THE UNITED STATES



Alena Smith is the founder of Trust Your Strength, an organization dedicated to creating awareness of the mental support needed in the NICU and making a difference for families in need.

After giving birth to her two sons prematurely, causing her to journey through the NICU twice, Alena Smith says, “This momma knows firsthand the strength a mother must possess while caring for your baby in the NICU.”



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PREEMIE SWAG



It's not just the cool design or perfect fit—our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



QUESTION OF THE MONTH

NICU professionals, what advice can you give to parents in the NICU?

@4guysmom: There will be good days/moments and bad ones; just know that we are here to support you and help you through all of these experiences.

@my_nicu_life: You are doing well. We are here to support you and feel free to communicate your concerns. I and my team are here to support you.

@pretypittiemama: As hard as it is to walk out of the hospital without your baby, just know your baby is in the best hands possible and NICU nurses are a godsend.



PREMIERWORLD TAGS

AMELIA JOY



“ Amelia was born at 24-weeks gestation, weighing 1 lb, 1 oz. Eduardo, Amelia's daddy, tells us that she is doing well. Amelia is still on O2, down to .5 liters and doing two PO feeds/shift. She is very close to going home!

Tag us on Instagram before the 15th of the month for a chance to be highlighted!

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continued at premiworld.com/PWtags-2020-Jan



WHAT'S NEW?

BE FEATURED IN OUR MONTHLY NEWSLETTER!



premiworld

Calling all premie parents, adult premies and premie support groups! Submit content for our monthly newsletter and you could get featured! Learn more at <https://premiworld.com/submit-content/>



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PREEMIE GENIUS

★★★★☆

THE ITTY-BITTY FAE FAERIES SAVE THE NICU

Author: Kayla Thornton

An adventurous way to explain the NICU to children with fun illustrations. The book is quite long and definitely better for older children.



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PREEMIE STORY OF THE MONTH

BRAYDEN THOMAS



“ Brayden Thomas was born at 24 weeks, 4 days. He is a 10-month NICU Warrior. Brayden is working on his fine motor skills. Though three months behind developmentally, he is quickly catching up. Miracles are possible! Brayden is our precious angel on earth!

”



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PREEMIE FREEBIES

PREEMIE PARENTS NEW YEAR'S RESOLUTIONS 2020

Beginning the year fresh! Self-care is important - not only in the NICU, but also at home. Download our Premie Parent New Year's Resolutions 2020. Read and repeat! Ahora disponible en Español!



get it at premiworld.com/premie-freebies



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