



# Preemie POWER

Professional

## Preemie Professional

*Barbara Smith Weaver, CCRN*



*Photo Credit: Ryan Smith*

### Professional Tip:

*As we move through NICU "reconstruction," this transformation must be collaborative with the community and with our parents so it supports the best long-term outcomes and gives them the most confidence.*

**Organization:** Medical Center of Central Georgia

**Unit/Branch:** NICU

**Years Helping Premies:** 30

**Proud Thought:** that research shows that mother and baby are the most important part of the healthcare system to minimize complications, to promote brain growth and to foster the best outcomes.

*Have a pro to recommend? Email us: [connect@preemieworld.com](mailto:connect@preemieworld.com)*

## Preemie Advocate: RSV Resources

RSV season is dreaded by every parent of a preemie. It is also a huge concern to preemie professionals. Thanks to Medimmune's "Preemie Voices" website ([www.PreemieVoices.com](http://www.PreemieVoices.com)) parents and professionals have tools and resources at hand to protect this very vulnerable population.

## Free Tools and Resources: PreemieWorld

[www.PreemieWorld.com](http://www.PreemieWorld.com) has launched its web community with a full set of free tools for parents of preemies to use as they navigate the challenges of the NICU and bring their babies home and beyond. Check it out here: <http://bit.ly/preemiefreebies> "Our goal is to make these tools accessible to parents and professionals to download, print and distribute

these items to use for themselves and to pass onto others in need," says PreemieWorld Co-Founder Deb Discenza. "It is our goal to give preemie parents an edge on the chaos of the NICU and everyday life after the homecoming. All that we are doing benefits the parents and ultimately that fragile preemie. They are the tools I myself craved in and out of the NICU."

## To Do List



Go to [www.PreemieWorld.com](http://www.PreemieWorld.com) and sign up for preemie parent and preemie professional newsletters and News & Updates list and *pass it on!*



Download FREE tools from [www.PreemieWorld.com](http://www.PreemieWorld.com) and pass them onto other NICU parents as a way to help them, too.



Sign the Preemie Petition to help save preemies from RSV: [www.PetitionSpot.com/petitions/preemies](http://www.PetitionSpot.com/petitions/preemies)

### MARK YOUR CALENDAR!



March 28-31, 2012  
33<sup>rd</sup> Annual Conference on Pediatric Health Care  
Antonio, TX  
[www.NapNap.org](http://www.NapNap.org)

April 19-21, 2012  
9<sup>th</sup> National Advanced Practice Neonatal Nurses Conference  
New Orleans, La  
[www.academyonline.org](http://www.academyonline.org)

*Have an event to share? Email us at [connect@preemieworld.com](mailto:connect@preemieworld.com)*

*Tools and Resources  
for the Preemie Community*

## Preemie Support:



Parents of micro-preemies can receive a *free* care package of goodies such as gift cards, preemie clothes, disposable cameras and more thanks to the generosity of Graham's Foundation.

The organization, founded by Jennifer and Nick Hall in 2009 in memory of their son, Graham's Foundation currently delivers care packages to more than 264 hospitals nationwide.

Have a request or want to have your NICU receive packages? Go to: [www.grahamsfoundation.org](http://www.grahamsfoundation.org)

## Advocate Pro: HMHB

*Healthy Mothers, Healthy Babies Coalition (HMHB) is celebrating its 30<sup>th</sup> year promoting the best from the beginning for families!*

Priority issues for the coalition include professional and public education, especially as it relates to prematurity.

"Families affected by prematurity need all the support that partners in health can possibly offer them," states HMHB Chief Executive Officer, Judy Meehan. "Our coalition hopes that by offering a forum for professionals to communicate, parents will also have easier access to quality resources and the information they need."

HMHB resources include:

**Preemie Matters Monthly e-Newsletter:** Subscribe at [info@hmhb.org](mailto:info@hmhb.org)

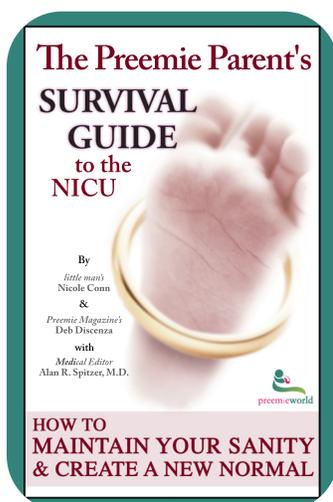
**Text4Baby:** Text program for today's mom who wants to be in the know while on the go. To subscribe send the word BABY in caps in a text message to 511411 and you are all set.

**HMHB FaceBook Page:** <http://on.fb.me/HMHBCoalition>

**HMHB Twitter Page:** @HMHBCoalition

**HMHB Website:** [www.hmhb.org](http://www.hmhb.org)

## PreemieWorld Releases Innovative Preemie Parent Book



Conn and Discenza's book is available at [www.PremieWorld.com](http://www.PremieWorld.com)

Having been preemie parents themselves, *little man* Director/Producer Nicole Conn and *Preemie Magazine* Founder Deb Discenza know in depth the stress of having a baby in the NICU. Both moms felt there a void in the preemie parent world and so *The Preemie Parent's Survival Guide to the NICU* was developed and is available at [www.PremieWorld.com](http://www.PremieWorld.com). Packed with information, the book provides must-have details in a unique manner along with questions to ask doctors, tips for parents regarding resources and more. "This is the book we would have wanted in the NICU," notes Discenza, whose 30-weeker stayed in the NICU 1.5 months and came home on medical equipment.

*Parents & Professionals: Subscribe to our FREE newsletters today @ [www.PremieWorld.com](http://www.PremieWorld.com)*

## Preemie Genius!

### The Details:

**Name:** The Kangaroo Zak

**Users:** Mothers & Fathers in the NICU

**Rating:** ★★★★★

**By:** Nurtured by Design, Inc. ([www.NbyD.co](http://www.NbyD.co))



Photo Credit: Nurtured By Design, Inc.

### The Genius:

Inspired by kangaroo'ing her micro-preemie in 2001, Yamile Jackson, PhD became certified in Kangaroo Care and designed the Kangaroo Zak.

The Kangaroo Zak® is the standard of Kangaroo Care in many hospitals globally. It is ergonomically designed to maximize safety, comfort, and duration of Kangaroo Care sessions in the NICU and L&D.

**The Deal:** Nurtured by Design is offering 25% off for orders of 10 or more Kangaroo Zaks now until 5/15/12. For information visit <http://goo.gl/44vgm> and mention "preemie genius" on the comments.

## preemie POWER

*It is always exciting to see a preemie's hard-won achievement. Let the bragging begin!*

"Last winter we took Katelyn snow skiing and she was a champ!!! Our daughter, who started out life at a mere 15.5 oz and given a 5% chance to live was snow skiing . . . successfully! She was a natural and laughed and laughed all the way down the bunny hill every single time. We had to tell her it was time to quit." - **Ashley Hall, Mom to Katelyn, former 25-weeker at 15.5 oz., now 8 years old.**

*Have a proud moment? Off the vent, sitting up at last? Send it into us at [connect@preemieworld.com](mailto:connect@preemieworld.com)*

## Preemie Professional Online

PreemieWorld's Deb Discenza runs a number of social networks devoted to preemie professionals. Here are some topics being discussed now:

### **NICU Professionals Group** ([www.Linkedin.com](http://www.Linkedin.com))

"We are looking for current/best practices for handling breast milk."

"ARTICLE: Factors Predict Post-NICU Death in Tiniest Babies - <http://bit.ly/zVNE7N>"

### **Early Intervention Professionals Group** ([www.Linkedin.com](http://www.Linkedin.com))

"GREAT TOOL: Overview of Early Intervention by NICHCY - <http://bit.ly/zFvhke>"

"FREE CDC Children's Book: Book Highlights Developmental Milestones - [www.cdc.gov/ncbddd/actearly/amazingme](http://www.cdc.gov/ncbddd/actearly/amazingme)

### **Preemie World** ([www.Twitter.com](http://www.Twitter.com))

"ARTICLE: Preemie Gets Pacemaker - <http://bit.ly/yo0w36>"

"15 May is Kangaroo Care Awareness Day"

*Check out these groups and more by referring to the "Get 'Social' With Us" on page 4 for more information. Have news or research that might be useful to our communities? Email us at [connect@preemieworld.com](mailto:connect@preemieworld.com)*

### Get "Social" With Us!



[www.PremieWorld.com](http://www.PremieWorld.com)  
[www.LittleMantheMovie.com](http://www.LittleMantheMovie.com)



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Check out other LinkedIN groups we moderate:

- NICU Professionals
- Early Intervention Professionals
- Premie Parent Support Group Leaders
- Premie Parents
- Little Man the Movie

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*"Little man" educates NICU professionals*



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Thermstrip Forehead Thermometers with Immunization Chart Included

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## Preemie THANK YOU!

### Giving a Premie A Chance At Life

Patrice and Maurice Barnes were doubly blessed with the birth of their twins Victor Omari and Clarence Joseph (CJ) who were born at 36 weeks. However at 10 days old, CJ needed emergency surgery on his intestines for Necrotizing Enterocolitis. Enter **Paul Parker, MD** of **Children's Healthcare of Atlanta**.

"Dr. Parker and his team that includes **Nurse Middleton** and **Gayathri Tenjarla, MD** gave CJ a chance at life. We are forever grateful for their skill, their tenacity and their caring spirit."

### Professional Stats

**Name:** Paul M. Parker, MD  
**Title:** Clinical Assoc Prof of Surgery  
**Hospital:** Children's Healthcare of Atlanta  
**Location:** Atlanta, GA

*Want to submit a professional for a thank you? Email a 50-70 word quote, the professional's "stats" and your name, your child's first name and details to [connect@preemieworld.com](mailto:connect@preemieworld.com)*