



Preemie Professional



PREEMIE PROFESSIONAL

Amelia M. Kowalisyn

Founder & Director of Emma's Footprints; Director of Outreach of On Coming Alive



Credit: M.W., Purple Peony Photography

PROFESSIONAL TIP:

Be mindful of the triggers for preemie and bereaved families, put yourself in their shoes when meeting with a patient. Triggers such as a waiting room full of pregnant women, asking them to relive their story by not marking or reading their chart first, and rushing the mother through an already emotionally painful appointment can all be helped if you just take the time to think of ways you can make this even the tiniest bit easier for your patients.

ADVOCATE: Pregnancy & Infant Loss Awareness

We as a community mourn alongside our fellow preemie parents who have lost a baby in pregnancy, at birth, in the NICU and beyond. October is **Pregnancy & Infant Loss Month** with **October 15th** as a specific day. With that consider donations to these organizations: **Zoe Rose Memorial Foundation, Emma's Footprints, Faith's Lodge, and Now I Lay Me Down to Sleep.**

PREEMIE FREEBIE: Celebrating NICU Respiratory Therapists

PremieWorld provides a number of free handouts to be used in the NICU and beyond in its "[Freebies For You](#)" section of the website. This month's freebie is **Respiratory Therapists Help Premies Breathe**. "With **October 23-29, 2016** being **Respiratory Care Week**, we want to recognize these quiet heroes of the NICU," comments **Deb Discenza, Founder of PremieWorld**. "NICU Respiratory Therapists work in the background to keep preemies breathing. With-

out their hard work, our babies have a much, much harder time surviving their early births."

DOWNLOAD IT: <http://preemie.us/PremieRTs>

MORE FREEBIES: <http://bit.ly/PremieFreebies>

TO DO LIST:

- ✓ **CONGRATS!:** **Christine Zepeda** (Premie Shower), **Alex Boatright** (*little man* DVD) & **Jill Gaertner** (Premie Genius).
- ✓ **LIKED US YET?:** PremieWorld is doing another PremieWorld Facebook page contest. See page 2 of this newsletter for details!
- ✓ **DOWNLOAD FREE TOOLS:** Free from PremieWorld at <http://bit.ly/PremieFreebies> and pass them onto Premie Parents in their welcome packets.
- ✓ **MARK YOUR CALENDARS:** **Emma's Footprints Wave of Light** October 15, 2016
<http://preemie.us/WaveofLight>
Young Child Expo & Conference October 19-21, 2016 in Spokane, WA, USA
<http://preemie.us/YoungChildSp>
- ✓ **CONTACT US:** Have an event to share? A pro or an organization, or product to highlight? Tell us at: connect@premieworld.com

TOOLS AND RESOURCES FOR THE PREEMIE COMMUNITY

SUPPORT:

Con Amor Vencerás A.C., Primero lo Primero



Ilein Bolaños had boy-girl twins at 32 weeks and **Jessica Díaz** had boy-boy twins at 26 weeks. Jessica's twins both died and after that experience she started working in the area of premature birth. Together, they created the organization.

Established: 2011

Outreach: Regional - Iberoamérica

Focus: All premature babies, including preemies that have passed away and their families and prevention of premature birth.

Website: www.conamolvencerás.org

Programs: Virtual, in-person and education groups for Spanish speaking families and pros.

ORGANIZATION:

Special Kids, Special Care

With a career that spanned pediatric public health nursing, perinatal care, pediatric developmental follow-ups and a state program for children with special healthcare needs, Founder and Pediatric Nurse Practitioner **Barbara Deloian** started **Special Kids, Special Care** to address the many gaps for special needs families and to educate their healthcare providers.

Established: 2011

Reach: Colorado region and beyond

Website: www.specialkids-specialcare.org



Programs:

- **Family Support Services:** Family Support Grants, Safe Sleep Going Home Program, Community Connections Program, Family Consultation, Website Resources.
- **Healthcare Professional Education & Collaboration:** Interdisciplinary Institute, Nursing Child Assessment Satellite Trainings (NCAST), and NICU Consortium.
- **Collaborative Systems Building:** NICU Outreach and Transition Home Collaborative Partnership and Smooth Way Home National Collaborative Participant.

PREMIEWORLD: "LIKE US" ON FACEBOOK & YOU COULD WIN!

LIKE US HERE:



<http://bit.ly/FBPreemie>

"Like" our FB page from **9/27/16 to 10/22/16** and you could win a copy of the award-winning *little man* DVD documentary from PremieWorld!



READ AND SUBSCRIBE:

Premie parents and professionals are invited to subscribe to our **FREE** newsletters today @ www.PremieWorld.com

PREEMIE GENIUS:

SensoryMagnets



by Sensory Treat
www.SensoryTreat.com

Sometimes the best inventions come from personal experience. Sensory Treat's owners, Hadas & Oren Steinberg created **SensoryMagnets** based upon the experiences of their own children who required seven years of sensory therapies. The magnets are illustrated sensory activities that go across the areas of deep pressure, heavy work, jumping, vestibular and oral needs.

The magnets are colorful, easy to use and are grouped and coded by specific area of need. Having these magnetized is helpful as they can be kept in key places like a kitchen, a therapy clinic, or a special education room at school. There is also a handy tin to collect everything in one single place.



WIN THIS ITEM!

Follow us on Twitter by 10/22/16 to enter: <http://bit.ly/PreemieTweets>



AFTER THE NICU:

Dev Delay and Competing Parents

As you watch other parents bragging about their child's "advanced" development, you are trying not to lose it because your baby has the dreaded label of "Developmental Delay" hanging over his/her head. Sound about right? You are not alone!

It is irritating to have to be part of that horrible parenting competition when you know your child is struggling. Always keep that sense of humor handy in combatting such insensitive people with a quip like "I am very happy for your child's accomplishments. In fact I understand how thrilling it is to see your child achieve. After all my baby *breathed before he was supposed to* so he is definitely advanced, too!" :-)

SHARE YOUR TIPS:

What types of quips have you used to combat the trap of competitive milestone sharing?

Use the hashtag [#preemieparentexpert](https://twitter.com/preemieparentexpert)

PREEMIE PROFESSIONAL ONLINE

NICU PROFESSIONALS GROUP (LINKEDIN)

SMART: Simulation Debunks Myth that Shorter NICU Stays Lower Costs

LOVE: Mom's Singing Helps Stabilize Infant Breathing

STUDY: How Parents Cope with Stress of NICU Affects Family Dynamics

EARLY INTERVENTION PROFESSIONALS GROUP (LINKEDIN)

Learn How to "Block and Box" to Help Students with Executive Function!

Learn More About Pediatric Feeding

@PREEMIEWORLD @TWITTER.COM

AMAZING: Learn All About 23 Weekers' Samuel & Jacob

COOL: A Must-Read Book of the Year for Preemie

BE THE SMART PRO FOR FAMILIES

Tell your families about the **Preemie Support Forum** on Inspire.com! Our own **Deb Discenza** moderates this **FREE global network of almost 30,000 parents from NICU to adulthood**. Visit <https://www.inspire.com/groups/preemie> to learn more.

FIND OUT HOW TO JOIN THESE GROUPS

Refer to "Get Social with Us" on page 4 for more information. Share news and research with us at connect@preemieworld.com.

GET SOCIAL WITH US!



premieworld

- www.premieworld.com
- www.littlemanthemovie.com



- @PremieWorld



- www.facebook.com/PremieWorld
- [Premie Parent's Survival Guide to the NICU](#)



- www.instagram.com/premieworld



- [PremieWorld](#)
- [NICU Professionals](#)
- [Early Intervention Professionals](#)
- [Premie Parent Support Group Leaders](#)
- [Premie Parents](#)

Prolonged, effective, safe, and hands-free Kangaroo Care sessions. Guaranteed.

kangaroozak.

nurtured by design
It's your baby.

www.nurturedbydesign.com

TOWELS ARE NOT SAFE!

HUG ME JOEY Infants and Children's Products

"SO MUCH BETTER!"

WWW.HUGMEJOEY.COM

NICU *Hope* Beads

COMMEMORATE & SHARE

Your NICU journey through jewelry...

facebook.com/NICUHopeBeads | 979.635.0825

Interested in advertising? Contact us at connect@premieworld.com

PREMIEWORLD'S "PREMIE SHOWER"

PremieWorld has launched a monthly **Premie Shower!** Each month we will be picking *one* NICU to receive donated items.

October's product is **Nurtured By Design's Zaky**. Learn more at www.NurturedByDesign.com

Nurtured by Design will be donating 12 Zaky hands on behalf of Zachary to ONE lucky NICU!

We will select one NICU from our "Premie Family for Professionals" list by 10/22/16 at www.bit.ly/PremieFam4Pros

NICUs: What do YOU want for a Premie Shower?
Tell us using the hashtag **#premieshower**

