



Preemie Professional



PREEMIE PROFESSIONAL

Karen Pape, MD

Neonatologist, Clinical Neuroscientist, Author

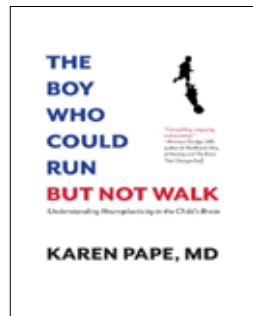


Years Helping Premies: 35

Focus: Dr. Pape is interested in the diagnosis and treatment of early brain and nerve injury.

Book:

The Boy Who Could Run But Not Walk (releasing September 2016)
www.karenpapemd.com



PROFESSIONAL TIP:

Many brain scan abnormalities resolve thanks to Baby Brain Neuroplasticity. The future is not what it used to be.

ADVOCATE: NICU Nurses Day

Every year on 15 September, the preemie community celebrates NICU Nurses worldwide for **NICU Nurses Day**. Tell us your favorite NICU Nurse Story during the month of September on our NICU Nurse Day Facebook page: <https://facebook.com/NICUNursesDay> and make sure to use the special hashtag *#premienurses* in your post.

PREEMIE FREEBIE: Celebrating NICU Nurses

PremieWorld provides a number of free handouts to be used in the NICU and beyond in its [“Freebies For You”](#) section of the website. This month’s freebie is **Premie Nurses are Part of the Family**. “With September celebrating NICU Nurses, we wanted to do our part to help the preemie community join the party,” comments **Deb Discenza, Founder of PremieWorld**. “NICU Nurses have a unique patient relationship because of their love of the babies and their

strong connection to the families. I know I am not alone in counting our NICU Nurses as part of the family.”

DOWNLOAD IT: <http://preemie.us/PremieNurses>

MORE FREEBIES: <http://bit.ly/PremieFreebies>

TO DO LIST:

✓ **CONGRATS!:** **Cynthia Brooks** (Premie Shower), **Crystal Sherman** (*little man* DVD) & **Herts Milk Bank** (Premie Genius).

✓ **LIKED US YET?:** PremieWorld is doing another PremieWorld Facebook page contest. See page 2 of this newsletter for details!

✓ **DOWNLOAD FREE TOOLS:**
Free from PremieWorld at <http://bit.ly/PremieFreebies> and pass them onto Premie Parents in their welcome packets.

✓ **MARK YOUR CALENDARS:**
Egyptian Society Neonatal & Preterm Care 38th Scientific Congress 2016
September 8-10, 2016 in Alexandria, Egypt
<http://www.esnpc-congress.com>

NICU Nurses Day
September 15, 2016 in the USA

✓ **CONTACT US:**
Have an event to share? A pro or an organization, or product to highlight? Tell us at: connect@premieworld.com

TOOLS AND RESOURCES FOR THE PREEMIE COMMUNITY

SUPPORT:

Pediatric Hydrocephalus Foundation, Inc.



When **Kimberly Illions** son **Cole** was diagnosed in utero with **Hydrocephalus** in 2005, the family volunteered with an organization that ended up not using the donations properly. So they created the **Pediatric Hydrocephalus Foundation, Inc.**

Established: 2009

Outreach: National & Worldwide

Website: www.HydrocephalusKids.org

Cool: The organization is 100% volunteer-run and has zero office space. 100% of the donations goes to education, support and research. They hold an annual free conference in Washington, DC to advocate on Capitol Hill for more funding from NIH and to raise awareness.

ORGANIZATION:

CP NOW

Through her own experience as a parent whose child suffered a brain injury after birth, **Michele Shusterman** and her husband knew that their daughter was at risk for a Cerebral Palsy diagnosis. After struggling to find a centralized resource and finding none, she started a website and the blog *CP Daily Living*. **CP NOW** was started five years later.

Established: 2015

Reach: National and Worldwide

Website: www.cpnowfoundation.org



Programs:

- *The Cerebral Palsy Tool Kit - From Diagnosis to Understanding*. It is the first comprehensive diagnosis resource guide for families and caregivers created by parents, clinicians, and therapists (free on the website and for purchase in print on Amazon).

- On September 24, 2016, CP NOW will be co-hosting a free community education event with the AACPD in Hollywood, Florida. Registration: <http://premie.us/CPNowMeeting>

- CP NOW is raising much-needed money to advance pilot studies focused on developing more innovative treatments for CP and its related conditions.

PREMIEWORLD POLL:

LIKE US HERE:



<http://bit.ly/FBPreemie>

“Like” our FB page from **8/30/16 - 9/22/16** and you could win a copy of the award-winning *little man* DVD documentary from PremieWorld!



READ AND SUBSCRIBE:

Preemie parents and professionals are invited to subscribe to our **FREE** newsletters today @ www.PremieWorld.com

PREEMIE GENIUS:

The Boy Who Could Run But Not Walk

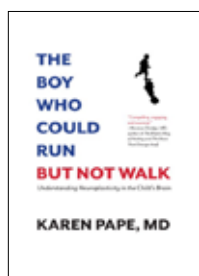


by Karen Pape, MD
www.karenpapemd.com

Every parent of a preemie that is told their baby has a brain bleed or brain injury of some type is left feeling crushing anxiety over their child's future. To add to this no concrete suggestions are given on what can be done to help their child other than "wait and see."

Enter Neonatologist and Neuroscientist **Karen Pape, MD** who brings with her solid scientific evidence that the injured infant brain can recover. The book is solid in detail, has endless stories of patients that went from bad to amazing changes all based on science and common sense.

This book should be required reading for parents and pros alike.



WIN THIS BOOK!



Follow us on Twitter by 9/22/16 to enter: <http://bit.ly/PremieTweets>

AFTER THE NICU:

Brain Injury Hope

If your baby had a brain bleed in the NICU, you are not alone in worrying about your child's future despite not having concrete evidence about outcomes.

The reality is that early brain injury and resulting conditions like Cerebral Palsy are undergoing a vast renaissance thanks to the theory surrounding Baby Brain Neuroplasticity. *There is hope.*

Does that mean that every therapy program out there is to be trusted? Not necessarily. Make sure you have researched the credentials of the therapy program as well as the professionals guiding it. Get lots of references and call them all. And most important - what does your gut instinct tell you about this program?

SHARE YOUR TIPS:

How have you been proactive with your child's developmental monitoring?

Use the hashtag [#preemieparentexpert](https://twitter.com/preemieparentexpert)

PREEMIE PROFESSIONAL ONLINE

NICU PROFESSIONALS GROUP (LINKEDIN)

Why Your Address Makes all of the Difference When it Comes to Protection Against RSV.

Missed Nursing Care in the NICU

Bacteria and Biofilm: Why Feeding Tubes Need a Closer Examination

EARLY INTERVENTION PROFESSIONALS GROUP (LINKEDIN)

Tummy Time - How to Make It Work?

Infant Development Association

Low Tone and Auditory Stimuli

@PREEMIEWORLD @TWITTER.COM

PREEMIE UPDATE: Dylan & Hayden

COOL: I Just Ran into the NICU Nurse Who Taught Me to Breastfeed my Preemie

BE THE SMART PRO FOR FAMILIES

Tell your families about the **Premie Support Forum** on Inspire.com! Our own **Deb Discenza** moderates this **FREE global network of over 29,000 parents from NICU to adulthood**. Visit <https://www.inspire.com/groups/preemie> to learn more.

FIND OUT HOW TO JOIN THESE GROUPS

Refer to "Get Social with Us" on page 4 for more information. Share news and research with us at connect@premieworld.com.

GET SOCIAL WITH US!



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- www.littlemanthemovie.com



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- [Premie Parent's Survival Guide to the NICU](#)



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PREMIEWORLD'S "PREEMIE SHOWER"

PremieWorld has launched a monthly **Premie Shower!** Each month we will be picking *one* NICU to receive donated items.

September's product is the **Snuza Hero Portable Baby Monitor**. Learn more at www.snuza.com

Snuza will be donating 12 Snuza Hero Sets to ONE lucky NICU!

We will select one NICU from our "Premie Family for Professionals" list by 9/22/16 at www.bit.ly/PremieFam4Pros

NICUs: What do YOU want for a Premie Shower?
Tell us using the hashtag **#premieshower**



snuza[®]
Portable Baby Monitors