

# Preemie Professional



# PREEMIE PROFESSIONAL

## Mrs. Jane Plumb, MBE

Chief Executive



Photo Credit: Group B Strep Support

## **PROFESSIONAL TIP:**

Parents of preemies need professionals who are able to take the time to explain their baby's condition, treatment and prognosis clearly, honestly and compassionately.

## Organization: Group B Strep Support at www.gbss.org.uk

**Years Helping Preemies:** 18

**Focus:** Preemies are particularly vulnerable to group B Strep infection. Jane supports families whose babies have been affected by group B Strep, and works to improve prevention.

NOTE: July is International Group B Strep Awareness Month which raises awareness among families and health professionals so that more of these potentially devastating infections can be prevented.

## **ADVOCATE: Group Strep B Awareness**

Many preemies are born due to a variety of infections. Awareness is key for parents in order to be able to protect their baby in utero and in the days, weeks and months after birth. With this in mind, **July** is **International Group B Strep Awareness Month**. Learn more from the international organization **Group B Strep Support** here: <a href="http://www.gbss.org.uk">http://www.gbss.org.uk</a>

## TO DO LIST:

CONGRATSI: Lisa Brown (Preemie Shower), Pam Tabor (little man DVD) & Angela Cross (Abena preemie and newborn size diapers).

✓ LIKED US YET?: PreemieWorld is doing another PreemieWorld Facebook page contest. See page 2 of this newsletter for details!

### **DOWNLOAD FREE TOOLS:**

Free from PreemieWorld at <a href="http://bit.ly/">http://bit.ly/</a>
<a href="http://bit.ly/">PreemieFreebies</a> and pass them onto Preemie Parents in their welcome packets.

## **☑MARK YOUR CALENDARS:**

2nd Int'l Neonatology Assoc. Conference July 15-17, 2016 in Vienna Austria http://2016.worldneonatology.com

2nd Edition Transport of High Risk Neonates September 1-3, 2016 Copenhagen, Denmark https://www.eiseverywhere.com/ehome/142020

#### **▼CONTACT US:**

Have an event to share? A pro or an organization, or product to highlight? Tell us at: connect@preemieworld.com

TOOLS AND RESOURCES
FOR THE PREEMIE COMMUNITY

## PREEMIE FREEBIE: Group Strep B in Numbers

PreemieWorld provides a number of free handouts to be used in the NICU and beyond in its <u>"Freebies For You"</u> section of the website. This month's freebie is **Group Strep B in Numbers**. "As July is awareness surrounding Group Strep B, our friends at Group Strep B Support have an excellent resource that shows important stats," comments **Deb Discenza**, **Founder of PreemieWorld**, **LLC**. "While these numbers relate to the United Kingdom, they show the

reality that this is something parents and professionals should be thinking about in the NICU and at home."

**DOWNLOAD IT:** 

http://preemie.us/GBSSpreemie

**MORE FREEBIES:** 

http://bit.ly/PreemieFreebies

## **SUPPORT:**

The Gift of Life



After having a premature baby boy, **Rosie Moore** saw a need for reliable NICU support. So she formed **The Gift of Life** to help provide support to families in a variety of ways, understanding that parents' stress level can directly correlate to depression, anxiety and PTSD and affect the development of their infant.

#### **Established:**

2015

#### Outreach:

Orlando, Florida, USA with plans to go national.

Website: www.thegiftoflife27.org

**Programs:** Admission care packages, Discharge packages, NICU baskets for the families, Preemie Mentor program, a NICU Care Guide e-book on the website, NICU Visits and more.

# **ORGANIZATION:**

## Faith's Lodge

Faith's Lodge was created by a bereaved Twin Cities couple, Mark and Susan Lacek, in remembrance of their daughter, Faith Ann. The Laceks felt they had no place to go where people understood what they were experiencing, so they decided to build Faith's Lodge. The lodge, set in the peaceful North Woods, is a refuge for families working through the death or medically complex condition of a child to reflect on the past, renew strength for the present and build hope for the future.

#### **Established:**

2007

#### **Outreach:**

National and Regional (Midwest)

#### Website:

www.faithslodge.org



**Programs:** Bereaved parents who have lost an infant or toddler (12 weeks gest. - 2 years); bereaved parents who have lost an older child (3 years - mid 20s); bereaved families who have lost an infant or toddler (12 weeks gest. - 2 years); bereaved families who have lost an older child (3 years - mid-20s); families with a medically complex child. See site for 5k and Gala.

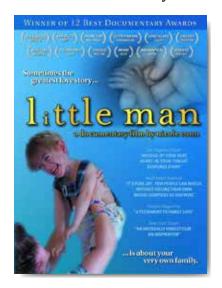
## PREEMIEWORLD: "LIKE US" ON FACEBOOK & YOU COULD WIN!

#### **LIKE US HERE:**



http://bit.ly/FBPreemie

"Like" our FB page from **6/26/16 - 7/22/16** and you could win a copy of the award-winning *little man* DVD documentary from PreemieWorld!



#### **READ AND SUBSCRIBE:**

Preemie parents and professionals are invited to subscribe to our FREE newsletters today @ www.PreemieWorld.com

# PREEMIE GENIUS:

# Book: Raising a Healthy, Happy Eater

by Nimali Fernando, MD, MPH and Melanie Potock, MA, CCC-SLP

Whether a preemie is 36 weeks or 22 weeks, one thing all preemies tend to have in common are feeding challenges. In *Raising a Healthy, Happy Eater*, Fernando and Potock have created a guide that takes parents across the feeding spectrum from birth on forward and detailing it in a developmental sense, in a sensory manner and more. Preemies get lots of attention throughout the book and the authors even delve into the topics of "Failure to Thrive" and feeding therapy which is very helpful.

And don't forget the numerous extras on the book's website too: a free toolbox of downloads and the Kitchen Club full of free preview videos with great suggestions: www.ParentingIntheKitchen.com

RAISING A
HEALTHY,
HAPPY EATER
A Brogar-by-Stroge Guide to Setting Your
Child on the Front to Adventurous Emilia

Beautiful Setting Political and and the Setting Political an

#### **WIN THIS BOOK!**

Follow us on Twitter by 7/22/16 to enter: <a href="http://bit.ly/PreemieTweets">http://bit.ly/PreemieTweets</a>



# **AFTER THE NICU:**

## Inappropriate Questions About Your Preemie

Sadly, we live in a society where an infant or toddler tethered to medical equipment or seeming different physically or behaviorally in any fashion invites people with no sense of decency to ask inappropriate questions.

Preemies, unfortunately tend to fall prey to these unbelievably rude questions and comments: "She's so small!" or "What's wrong with him?" or "Does she have disabilities?" or "Is he going to be normal?"

Your answer? A look of silent surprise and then just stare at the person. If they don't get the message, then walk away without saying a word. *They don't deserve a response.* 

## **SHARE YOUR TIPS:**

What inappropriate questions have you endured? How did you handle them?

Use the hashtag #preemieparentexpert

## PREEMIE PROFESSIONAL ONLINE

## NICU PROFESSIONALS GROUP (LINKEDIN)

**RESEARCH:** Preemies Get Boost in Pertussis Protection from Mom's Vaccination

**STUDY:** Immunization Safety in Preterm Infants

**HEARTBREAKING:** Neonatal Nurse's FB Post Goes Viral for Revealing the Heartbreaking Side of Her Role

#### EARLY INTERVENTION PROFESSIONALS GROUP (LINKEDIN)

**DISCUSSION:** Early Intervention Can Dramatically Change Outcomes

**CORRECT:** Too Much Noise a Problem for Premature Babies

## @PREEMIEWORLD @TWITTER.COM

**COOL:** 15 Questions No Preemie Mom Should Be Afraid to Ask

COOL: Preemie Update - Vihaan

## BE THE SMART PRO FOR FAMILIES

Tell your families about the **Preemie Support Forum** on Inspire.com! Our own **Deb Discenza** moderates this **FREE global network of over 27,000 parents from NICU to adulthood**. **Visit <u>https://www.inspire.com/groups/preemie</u>** to learn more.

#### FIND OUT HOW TO JOIN THESE GROUPS

Refer to "Get Social with Us" on page 4 for more information. Share news and research with us at <a href="mailto:cone.google.com">connect@preemieworld.com</a>.

## **GET SOCIAL WITH US!**



- www.preemieworld.com
- ${\color{gray}\bullet} \, \underline{www.littlemanthemovie.com}$

preemieworld



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- www.facebook.com/PreemieWorld
- Preemie Parent's Survival Guide to the NICU



owww.instagram.com/preemieworld



- PreemieWorld
- NICU Professionals
- Early Intervention Professionals
- <u>Preemie Parent Support Group</u> Leaders
- Preemie Parents







Interested in advertising? Contact us at connect@preemieworld.com

## PREEMIEWORLD'S "PREEMIE SHOWER"

PreemieWorld has launched a monthly **Preemie Shower!** Each month we will be picking *one NICU* to receive donated items.

This month's product is the book **Go Preemies!** by **Andy Male** (www.gopreemies.com) a book that celebrates famous preemies in history and is fascinating for all members of a preemie family.

Go Preemies! will be donating
10 copies of its book to one lucky NICU!

We will select <u>one NICU</u> from our "Preemie Family for Professionals" list **by 7/22/16** at www.bit.ly/PreemieFam4Pros

NICUs: What do YOU want for a Preemie Shower?

Tell us using the hashtag #preemieshower



