



Preemie Professional

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Mitchell R. Goldstein, M.D., F.A.A.P.



*Credit: Loma Linda University
Children's Hospital*

Department/Division:
Division of Neonatology,
Department of Pediatrics

Organization:
Loma Linda University
Children's Hospital

Years Helping Premies:
24

Preemie Focus:
Dr. Goldstein has an interest
in RSV prophylaxis and the
best outcomes for premies.

Professional Tip!

*Achieve a good 1-year outcome
in a preemie and you have
created the potential for at least
75 more quality years.*

Advocate: RSV Petition

The American Academy of Pediatrics (AAP) revised their RSV guidelines so that many premature babies no longer qualify to receive Synagis to help them through RSV season. This has landed babies in the PICU creating long-term issues and even death. **Speak out alongside 2,700+ other supporters and read, sign and pass it on:** <http://bit.ly/RSVPetition>

Preemie Resource: Access to Synagis

PreemieWorld provides a number of free handouts to be used in the NICU and beyond in its "Freebies For You" section of the website. **This month's freebie is "Access to Synagis."** "Over the last few years I have supported a lot of parents who were scrambling to get their baby covered by Synagis," comments Deb Discenza, co-Founder of PreemieWorld, LLC. "To

say the least they are terrified. From their tips that worked, we created this tip sheet to help other families." Parents and professionals alike will appreciate this freebie in that it is easy to print and reproduce. **So go download it here now:** <http://bit.ly/A5vsTZ> **And check out more like this here:** <http://bit.ly/PreemieFreebies>

To Do List



WINNERS: Twitter Contest - @MinnPremies & @Special Needs Radio; Facebook page contest - Donna Reed and Kelsey Craven.



Professionals, sign up your organization to receive Preemie Family to distribute to your families: <http://bit.ly/PreemieFam4Pros>



Download PreemieWorld's FREE tools <http://bit.ly/PreemieFreebies> and pass them onto NICU Parents as part of your welcome packet.

MARK YOUR CALENDAR!



October 17-20, 2012
NANN 28th Annual Educ Conference
Palm Springs, CA
<http://www.nann.org>

October 18-20, 2012
National Perinatal Association Conf
Tampa Florida
<http://www.NationalPerinatal.org>

October 20-23, 2012
AAP National Conference
New Orleans, LA
<http://aap.org>

*Tools and Resources
for the Preemie Community*

Support: Preemie Prints

Preemie Prints

Beginnings: Preemie Prints was inspired by the early birth (32 weeks) of identical twin girls Eden and Priscilla Collier. Their mother photographed their journey and found it helped immensely with bonding.

Programs: (National): the gift of professional photography through a network of volunteer photographers, support online, information on the website as well as text, email and phone support; **(Regional):** Sewing meetings, NICU H.O.P.E. meetings, gift bags and needed items to hospitals, and family events.

Web: <http://www.PreemiePrints.org>

Have a support group you want to share?
Contact us! connect@preemieworld.com

Preemie Org: Families Blossoming

After having her son Alejandro at 24 weeks and seeing firsthand the ongoing challenges that beset preemie parents after the NICU, Gigi Khonyongwa-Fernandez, Bsc, Msc, Certified Professional Coach (Distinction) realized the need to help families positively re-create their new normal and "blossom."

Name:
Families Blossoming LLC

Founded:
2009

Even More Information:
<http://bit.ly/famblossom>

Focus:
Emphasis is on supporting parents of children born premature, children who are

sick/medically vulnerable and parents of children with special needs as well as organizations and agencies who serve these families. The aim is to help these special parents reach a point of hope, clarity, direction and optimism for their lives, however this is manifested.

Programs:
1:1 Coaching (parents), group coaching, online coaching program, workshops, teleseminars and webinars.



PreemieWorld: Preemie Parent Alliance Summit in Chicago



@PreemieParentAl
www.Facebook.com/PreemieParentAlliance
www.PreemieParentAlliance.org

PreemieWorld was honored to attend the **Preemie Parent Alliance** (www.PreemieParentAlliance.org) **Summit** in Chicago in mid-September.

The organization focuses on connecting preemie support groups together to create a collective voice on the issues relating to parents of premies on both the parent and professional side.

Led by alliance head Keira Sorrells and co-led by Families Blossoming's Gigi Khonyongwa-Fernandez, Bsc, Msc., the event boasted an attendance that included 23 organizations from across the United States that support premies not only nationally but also internationally.

Parents & Professionals: Subscribe to this FREE newsletter today @ www.PreemieWorld.com

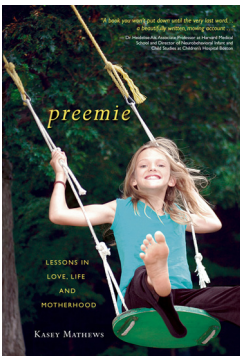
Preemie Genius: *Preemie*

The Details:

Name: *Preemie*

By: Kasey Mathews
(<http://bit.ly/KMathews>)

Focus: Author Kasey Mathews tells a poignant story of the trauma of giving birth to a premature baby at 25 weeks and its aftermath in the NICU and beyond.



The Genius:

Every parent of a preemie can relate to Mathew's frustrations, fears and anxieties depicted. Told with startling honesty the book details what so many parents know: the hard journey from the early birth on into the NICU and at home. Yet what sets this book apart and makes it genuine is Mathews' willingness to share to what lengths she goes to in order to help her daughter, her family and finally herself, thrive. This is a book to help preemie families but also educate professionals and the public at large. *COOL: We have a copy to give a way to one lucky new Facebook follower that "likes" our page from 10/1/12 - 10/29/12. Go to: <http://bit.ly/FBPreemie>*

After the NICU: RSV Season - Yikes!

Parents going home or who are already home are likely freaked out that October has arrived and with it, RSV season. Family and friends often do not understand preemie parents' concerns, so here are some easy tips to help keep sane:

- **Doctor's Note:** Create a note that states the precautions needed to keep the baby healthy and not have him/her wind up back in the hospital. It can be a full letter or simple instructions written on a prescription pad.
- **Your Note:** Parents can also have their own letter that reinforces what the doctors are requesting and why. Here is a free download to help: <http://bit.ly/WeAreExcited>

Preemie Professional Online

NICU Professionals Group: (www.Linkedin.com)

"ESSAY: In Premies, Better Care Also Means Hard Choice - <http://ow.ly/d0lvn>"

"ARTICLE: Vaginal Deliveries as Safe as C-Sections for Most Preterm Births - <http://ow.ly/cWIRW>"

Early Intervention Professionals Group: (www.Linkedin.com)

"Scientific Proof that Attention Problems Can Be Linked to Late Maturation of the Brain - <http://bit.ly/PtvJmn>

Preemie World (www.Twitter.com):

"Please LIKE us on Facebook - The Preemie Parent's Survival Guide to the NICU - <http://bit.ly/PreemieBook>"

"ARTICLE: Kangaroo Care for Premies 'Has Lasting Positive Effect on Brain Development' - <http://ow.ly/dXqhi>"

"NIH STUDY: Vaginal delivery safe for head first births before 32 weeks - <http://ow.ly/dXI96>"

Check out these groups and more by referring to the "Get 'Social' With Us" on page 4 for more information. Have news or research to share with us? connect@preemieworld.com

Get "Social" With Us!



www.PremieWorld.com
www.LittleMantheMovie.com



@ PremieWorld



- PremieWorld
- Premie Parent's Survival Guide to the NICU



PremieWorld



Check out other LinkedIN groups we moderate:

- NICU Professionals
- Early Intervention Professionals
- Premie Parent Support Group Leaders
- Premie Parents
- Little Man the Movie


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Parent Tips for Pros: RSV Parent Myths & Pro Busters

One of the biggest concerns of professionals surrounds parents not being compliant with all of the prescribed doses of Synagis. Here are some common parent "myths" surrounding Synagis and ways for professionals to "bust" them.

Myth: Synagis is just another vaccine.

Buster: It is important to note that Synagis is not an immunization. It is a prescribed medication given by injection.

Myth: RSV only hits once a season.

Buster: Educate parents in understanding that RSV can hit several times in one season, which is why a parent must make sure he/she is compliant with the Synagis injections each month.

Myth: The baby should be fine with only one dose.

Buster: Remind parents that the drug is only effective for a month which why they need to update the dosage regularly.

Have a topic that you'd like covered?

Contact us at: connect@preemieworld.com