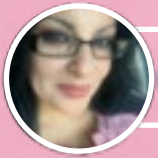




# preemieFAMILY

Vol. VII, Issue 2: February 2020



## A NOTE FROM JENNY

We LOVE Premies and we want to help “Shower” our NICU babies and families with lots o’ love!

We are excited to announce our PremieWorld Baby Shower in partnership with WaterWipes (<https://www.waterwipes.com>)! Instructions:

- Fill out an entry form to nominate a NICU: <https://preemie.us/WaterWipes>
- All entries must be submitted by 5 p.m. Eastern Time on the 24th of February, 2020.
- The lucky NICU will be announced in a future edition.

The winning NICU will receive WaterWipes gift bags for families and a month’s supply of WaterWipes for the NICU’s use. Nominate away!

Also, as February is American Heart Month, we want to give a shoutout to an awesome org, Mended Little Hearts- <https://mendedhearts.org/>

[continued at premieworld.com/note-from-jenny-2020-Feb](https://premieworld.com/note-from-jenny-2020-Feb)

## STRATEGIC PARTNERS

CRYSTAL BALL HEALTH



[crystalballhealth.com](http://crystalballhealth.com)

KEY TO CP



[keytoop.com](http://keytoop.com)

FELICE MEDIA



[felicemedia.com](http://felicemedia.com)

## WANT TO PARTNER WITH PREMIEWORLD?

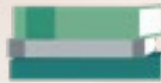
Visit [premieworld.com/our-partners](https://premieworld.com/our-partners) to inquire.

## AFTER THE NICU

Asthma in childhood is higher in premature babies than full term. Parents and caregivers of babies and children with asthma need to take extra precautions - especially during RSV season. Here are some tips to help you manage your child’s asthma at home, daycare or school:

- **Home Sweet Home** - Look around your home and note any areas with known allergy or asthma triggers and look for ways to reduce them. Keep asthma medications on hand and ready for use.
- **Education** - You won’t always be around to help your child if his/her asthma flares so it is important to talk to your child and explain to them as much about asthma as they can understand at their age. Help them learn how to handle their condition and know when to ask for help.

[continued at premieworld.com/afterthenicu-2020-Feb](https://premieworld.com/afterthenicu-2020-Feb)



## PREEMIE STORY OF THE MONTH

**GUNNAR CHRISTOPHER ORR**



Gunnar Orr – our miracle baby. Born May 24, 2019 at 31 weeks due to severe preeclampsia, weighing only 2lbs, 3oz.

Gunnar’s birth story is nothing like I had expected. Within two days of being admitted into the hospital, we were told our baby was going to be born by emergency c-section or else he (and I) were not going to survive.

“Because of this journey we got to witness a true miracle grow and thrive.”

- Gunnar’s Mommy

[continued at premieworld.com/premiestory-2020-Feb](https://premieworld.com/premiestory-2020-Feb)



## PREEMIE CONNECT

**NONPROFIT SUPPORT FOR FAMILIES IN SOUTH AFRICA**

“When I realized there was a lack of support for families affected by prematurity, *Premie Connect* was created,” states Founder, Tasmin Bota.



“After having my baby born at 28 weeks, I noticed that not once did anyone ask if we as parents were coping. We struggled but we were lucky to have each other, family and friends. Not everyone is as fortunate. Due to lack of resources in South Africa, counseling is only available to parents of extremely ill infants. Our organization fills in that gap.”

[continued at premieworld.com/premie-connect](https://premieworld.com/premie-connect)

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Vol. VII, Issue 2: February 2020  
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## PREEMIE SWAG



It's not just the cool design or perfect fit- our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



## QUESTION OF THE MONTH

*How can you protect your children from RSV? Premie Professionals respond:*

- @blibra17: Isolation, change of clothes anytime you come from outside. Always, always, always wash your hands and saline + nose washing to remove your mucus before touching your baby.
- @ashcappelli: Isolation in your home. It's tough but worth it.
- @adihernandez95: Definitely get the RSV shot!

## NON-PROFIT NEWS

### HAND TO HOLD

Runners & walkers of all levels are invited to run on behalf of Hand to Hold

### LILY'S HOPE FOUNDATION

Join us for our Monthly Packing Party!



see more at [premieworld.com/npnews-2020-Feb](http://premieworld.com/npnews-2020-Feb)

## WANT TO SEE YOUR NEWS HERE?

Visit [premieworld.com/contact](http://premieworld.com/contact) to inquire.



## WHAT'S NEW?

### EXCITING NEWS FOR THE NICU FOUNDATION!



The Charity Film Awards celebrates the effective use of video by the third sector to change mindsets, raise awareness for the charity or fundraise. The NICU Foundation has been shortlisted alongside other leading names from the charity sector.

The winners of the Charity Film Awards 2020 will be announced at a gala ceremony in central London, in the Spring.



continued at [premieworld.com/WhatsNew-2020-Feb](http://premieworld.com/WhatsNew-2020-Feb)



## PREEMIE GENIUS



### ELVA SENSES' Sensory Octopus Toy

Every NICU parent wants to soothe and stimulate her newborn while adhering to unit rules, bacteria concerns and little storage. Enter the ELVA SENSES Octopus created in Paris, France..



[premieworld.com/premiegenius-2020-Feb](http://premieworld.com/premiegenius-2020-Feb)



## PREMIERWORLD TAGS

### KAYCEE SAVAGE



“Sweet little Kaycee was born at 29 weeks, weighing just 800 grams. She spent nearly 4-months in the NICU and an entire year on home oxygen.

Kaycee is now 2 and potty training! Yay!”

- Kaycee's Mommy

Tag us on Instagram before the 15th of the month for a chance to be highlighted!



continued at [premieworld.com/PWtags-2020-Feb](http://premieworld.com/PWtags-2020-Feb)



## PREEMIE FREEBIES

### WHAT I WOULD LIKE YOU TO KNOW ABOUT MY LIFE AS A PREEMIE PARENT

Parenting a preemie is far from easy. When your loved ones just don't get it, here is a list of suggestions to help them understand YOUR journey with YOUR preemie. Ahora disponible en español!



get it at [premieworld.com/premie-freebies](http://premieworld.com/premie-freebies)



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